

Workshops for PALSI Leaders

to enhance personal, interpersonal and career excellence

Co-organized by Student Development Services (SDS) and
the Talent and Education Development Office (TED)

Knowing Your Leadership Behaviour Through SLPI

Date	Time	Venue	Quota	Application Deadline
2 Feb 2024 (Fri)	14:00 – 15:50	R6052	20	25 Jan 2024 (Thur)

The Student Leadership Practices Inventory (SLPI) is a comprehensive leadership development tool created by James M. Kouzes and Barry Z. Posner as part of the Student Leadership Challenge suite of programs to cultivate and liberate the leadership potential in everyone. It is created specifically to help young people measure their leadership behaviors and take action to improve their effectiveness as student leaders.

Identifying Your Career Interests for Successful Career Planning Via SII

Date	Time	Venue	Quota	Application Deadline
23 Feb 2024 (Fri)	11:00 – 12:50	R6052	20	15 Feb 2024 (Thur)

The Strong Interest Inventory (SII) is designed to help you to identify your career interests. It compares your interests with those professionals in various careers and identifies work settings and occupations that may be satisfying to you. SII is a useful assessment for anyone who is unsure about their future career goals and is a useful way to begin the career planning process.

EQ Thermometer: Knowing Your Emotional Well-being Via EQ-i 2.0

Date	Time	Venue	Quota	Application Deadline
4 Mar 2024 (Mon)	14:00 – 15:50	R6052	20	22 Feb 2024 (Thur)

Managing your emotion as well as the emotion of the others working with you are an important part of life coping. The workshop will allow you to assess your emotional intelligence through the *EQ-i 2.0* and explore ways to improve it.

Discovering Your Personality Preferences Via MBTI

Date	Time	Venue	Quota	Application Deadline
14 Mar 2024 (Thur)	14:00 – 15:50	R6052	20	6 Mar 2024 (Wed)

MBTI is the most widely used instrument for understanding normal personality differences. It is based on the Swiss psychiatrist C.G Jung's work on psychological types. Having an understanding of your own and others' psychological type can help you to maximize your strengths, uncover new ways to work and interact with others.

Exploring Your Conflict Management Style Via TKI

Date	Time	Venue	Quota	Application Deadline
19 Mar 2024 (Tue)	11:00 – 12:50	R6052	20	10 Mar 2024 (Sun)

How do you respond to conflicts? The workshop will allow you to assess your conflict management style through the assessment instrument TKI, identify the pros and cons of different conflict management style and acquire useful concepts for managing conflicts.