

City Upbeats



Bryan won the honour of "Top Performing Cadet" in EYAcademy.

簡禮勤贏得EYAcademy的「最優秀學生」獎項。

Bryan's team won the "Best Promotion Campaign in Facebook" award.

憑藉創新意念，簡禮勤的隊伍勇奪「Facebook最佳宣傳獎」。

Academy of Leadership for University Talents

迎接挑戰 冀成明日領袖



Students presenting for the "CSR Challenge".

學生於CSR Challenge個案分析比賽上作口頭匯報。

領導才能與專業知識，是覓得理想職業的必要條件，正待投身職場的大學生，應如何及早裝備自己？主修會計與法律的三年級生簡禮勤則加入了安永會計師事務所旗下的「安永領航——培育未來領袖計劃」(EYAcademy)，接受為期3年的培訓，為未來發展作好準備。

簡禮勤指，主辦單位為學員安排了一系列的工作坊和學習活動，其中的「重頭戲」是CSR Challenge個案分析比賽：各組別要為一些科創公司擬定商業推廣計劃；而簡禮勤的隊伍憑藉創新意念，勇奪「Facebook最佳宣傳獎」。

作為組長的簡禮勤分享道：「要帶領來自數間不同大學、兼且素未謀面的組員，最初我也感到壓力，幸好得到會計系老師的鼓勵，我才能帶着信自，迎難而上。」他表示，組員各有不同價值觀，組長須協調不同意見，處理衝突，並根據各人所長分配工作，令運作更暢順。

由於表現出眾，簡禮勤更贏得「最優秀學生」獎項，取得前往安永北京事務所實習的資格。他慶幸計劃讓他接觸到各領域的專才，得到寶貴的學習經驗，令他的大學生活變得充實難忘！

Looking to enhance your professional and personal development, with elements of learning and mentoring? You might find Bryan Kan Lai-kan's experience inspiring!

Aiming at enriching his university life, Bryan (Accountancy & Legal Studies, Year 3) joined the EYAcademy, a 3-year cadetship programme offered by the leading accounting firm Ernest & Young (EY). Under the guidance of mentors from the firm, he went through a series of learning activities and competitions with young people coming from various universities.

Among all events, the "CSR Challenge" is considered to be the most exciting, in which the teams had to come up with the right marketing strategies for some start-up companies. Bryan shared, "It was intimidating at the beginning when I tried to lead a group of teammates who I barely knew. Thanks to the encouragement given by my professors, I was able to take up the challenges with confidence."

With creative ideas and excellent presentation skills, Bryan's team won the "Best Promotion Campaign in Facebook" award.

Bryan's effort was recognized by his teammates and they nominated him to compete for the honour of "Top Performing Cadet" — and he was named Champion! As a reward, he was given the chance to intern at Ernest and Young's Beijing Office.

"I am grateful for the opportunity to meet professionals of different industries and for the tremendous learning experience," he said. "It's has been a memorable time in my university life!"



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GOLDEN KEY CLUB

Launching Ceremony



Student Development Services
學生發展處



The golden key held by (from right) Vice President (Student Affairs) Prof. Horace Ip and University President Prof. Way Kuo symbolises turning on the potential of students.

(右起) 副校長(學生事務)葉豪盛教授與校長郭位教授冀望睿博會能成為一把開啟學生潛能的鑰匙。

A Golden Key for CityU Scholars

城大成立睿博會 凝聚獎學金得主

Scholarship recipients, past and present, at CityU can now share information and experience through social media network and leadership training programmes thanks to the newly launched CityU Golden Key Club.

With over 140 graduates sign up, the Golden Key Club will provide opportunities for its members to expand their social network, to get involved with their alma mater and the community.

At the launching ceremony held on 23 April, Professor Way Kuo, University President, said in his welcoming address that the number of CityU scholarships had been on the rise, with about 400 donors offering scholarships to CityU students annually. He hoped that the awardees of scholarships would also become donors to help CityU students when they later develop a successful career.

Dr Andy Chin Chi-on, recipient of Sir Edward Youde Memorial Fellowship for Overseas Studies and Rainbow Chan Hui-ling (Mechanical and Biomedical Engineering, Year 3), recipient of 2014 Innovation and Technology Scholarship, shared their stories of using their scholarship to enrich their overseas experience.

In the coming September, the club will host a series of activities such as small group coaching as well as seminars and workshops hosted by professionals.

城大成立睿博會，為本校內曾獲獎學金的在校生及畢業生提供領袖才能培訓課程，並建立社交網絡，以便他們交流訊息、分享經驗，提升城大學生的競爭力。

校長郭位教授在成立典禮上致詞，指出每年約有400位捐贈者為城大各學系的學生提供獎學金，他希望各位得主將來事業有成後，也能成為城大的捐贈者，為培育後輩而出力，令大學和社會的人才生生不息。

兩名獎學金得主應邀在成立典禮上講述自己的經歷。城大畢業生錢志安博士於2000年獲頒尤德爵士紀念基金海外研究生獎學金，前往美國華盛頓大學修讀語言學博士學位。他認為這份獎學金充分肯定了他的學術成果，鼓勵他繼續投身研究。

而2014年創新科技獎學金得主陳煦齡則利用獎學金赴美國交流。就讀機械及生物醫學工程系三年級的她表示，這個寶貴機會開闊了她的視野，亦促使她立志以科技造福世人。

今年9月新學年開始後，睿博會將舉辦多場專業人員論壇、講習班、小組啟導等活動。



CityU Golden Key Club helps scholarship recipients to extend social network and share experience.

睿博會凝聚獎學金得主，以便他們交流訊息、分享經驗。

Executive Mentoring Programme - Guidance for Success

專業導師 助學生探索前路



To involve senior executives in mentoring and coaching CityU students, the Career and Leadership Centre launched the Executive Mentoring Programme (EMP) for students to gain invaluable insights of professionals from a broad spectrum of industries.

為增強學生的競爭力，學生發展處的事業及領袖策劃中心早前開展了事業師友計劃（EMP），邀請各行各業的行政人員成為導師，與學生分享經驗，參與的同學均獲益良多。



Kelly Lam has learned much from her mentor Ms Denise Mak, Executive Producer of CRHK (right).

事業師友計劃請來商業電台的高級節目監製麥詠宜小姐(右)擔任林苑沂同學的事業導師。



Allison Wong is very grateful to be the mentee of Mr. Armstrong Lee.

事業師友計劃安排了資深獵頭顧問兼作家李漢祥先生作為王桂琳同學的導師。

Kelly Lam Yuen-ye (English, Year 4), a mentee of Executive Producer of Commercial Radio Hong Kong (CRHK) Ms. Denise Mak, shared with us, "I am very happy and grateful that she is my mentor because I have always been interested in radio broadcasting and I am a fan of CRHK programmes. Denise walked me through the CRHK building and let me watch how she did her live programmes. She is generous and patient, telling me about the technical and insider knowledge. She also let me know what are the characteristics they look for in people who want to enter radio broadcasting industry.

"Being a student who is graduating in less than a year and interested in pursuing a career in broadcasting, I am glad that I am gaining practical advice and tips from EMP," expressed Kelly.

事業師友計劃的學員林苑沂（英文系四年級）表示：「商業電台的高級節目監製麥詠宜小姐是我的事業導師，她帶我到商台參觀，又讓我在直播室觀看她主持節目。麥小姐非常友善，耐心聆聽我的提問，跟我分享了許多專業知識，又告訴我能夠擠身廣播行業的人須具備哪些條件。對有意投身廣播界的我而言，事業師友計劃使我獲寶貴經驗，加深對業界的認識。」

Allison Wong (Information Systems, Year 3), also a participant of EMP, summarized the initiative, "Very lucky have I been chosen to be the mentee of Mr. Armstrong Lee, Director of Worldwide Consulting Group Co. Ltd. He shared with me his observations on the current and future job market based on his expertise. Besides that, EMP's various workshops about communications, networking and presentation are of great value to me and cleared up many doubts of mine. Participating in EMP is definitely an important and fulfilling experience. Participants could also make new friends across the University, which is a bonus for me. I will surely recommend my fellow schoolmates to join this programme in the future."

另一學員王桂琳（資訊管理系三年級）這樣概述事業師友計劃帶給她的收穫：「我非常榮幸，能夠成為環球管理諮詢有限公司董事總經理李漢祥先生的學生，他以專業知識替我分析當前和未來的就業市場。除此之外，計劃亦提供各個工作坊，令我在傳意技巧和人際關係等方面得益不少。參加此計劃，我們不僅能向事業導師學習，更可結交到城大不同學系的朋友，真是意外收穫，來年我一定會推薦其他同學參加！」



Annie Chung was assigned to work with Ms Ka Shi Lau (Left), the Managing Director and CEO of Bank Consortium Holdings Limited (BCT). 鍾安妮獲安排到銀聯信託有限公司跟隨其董事總經理及行政總裁劉嘉時女士（左）工作3天。

如影隨形 看總裁工作點滴

有關企管高層，平常人只能從媒體中窺探一二；然而市場營銷學系四年級學生鍾安妮，卻有機會踏進跨國企業，並與其行政總裁共處3天，深入瞭解總裁的生活。

由於在本校的「精英百人計劃 (Elite 100)」中表現出眾，鍾安妮得到提名參加 Classified Post 舉辦的 Shadow a CEO 活動，並獲安排到銀聯信託有限公司跟隨其董事總經理及行政總裁劉嘉時女士工作3天，其間除了可近距離觀察總裁的工作方式外，更可列席該行的會議。

即將畢業的鍾安妮表示：「雖然只是短短3天，我已吸收到許多知識。劉女士與我分享工作方面心得外，亦有提到她的家庭、遇過的挫折等。」

「劉女士亦提醒我，年輕人不應只一心想着如何成功，要時常懷着開放態度，因為許多事情不可單靠表面來判斷。」



Shadowing CEOs

While we often hear about CEOs of big corporations in the media, few of us have a chance to work side-by-side with a CEO. However, Annie Chung, a 4th year marketing major, was given the rare opportunity to visit the sanctum of Bank Consortium Trust Company Limited (BCT) -- a privilege awarded to her as she performed exceptionally in CityU's Elite 100 Programme and was nominated to join the Shadow a CEO Programme organized by Classified Post.

She was assigned to work with Ms. Ka Shi Lau, the Managing Director and CEO of Bank Consortium Holdings Limited (BCT). "It was an intensive 3 days and I could get to know Ms. Lau personally. She shared with me about her family, her frustrations, and even her pets!" Annie related her experience at BCT.

She said. "What I have learnt from Ms Lau is that instead of sticking rigidly to one's idea of success, we should keep an open mind because what comes with the best packaging may not be the most fruitful."



The Power of Communication

有效溝通 邁向成功

AIA 求職王 語文比賽

The AIA-Quest for the Champion Communicator Competition



Annette Lu won the second runner-up of the AIA-Quest for the Champion Communicator Competition.

呂端憑着一口流利英語和悅耳動人的聲線，於國際會計師公會(AIA)主辦的「求職王」語文比賽中奪得季軍。

Annette Lu Duan (Accountancy, Year 4) won the second runner-up of the Quest for the Champion Communicator Competition held by the Association of International Accountants (AIA), where over 20 contestants drawn from the best university level public speakers from Mainland China, Macau, and Hong Kong competed with her. Contestants were given a topic and a week to prepare speeches in both English and Putonghua.

Annette likes public speaking and enjoys preparing speeches, "It requires good logic and thorough structuring for it to be convincing, and to get the message across."

There is no doubt Annette is a gifted and motivated public speaker. However, she stated that her talent only came out with the right kind of support. Annette attended CityU's Effective Presentation Programme (EPP) which helped her hone her public speaking skills.

Annette would like to work in Hong Kong as she finds this region and its neighbouring cities full of opportunities and challenges. And surely, Annette's effective presentation skills will take her a long way.

法律與會計雙主修四年級學生呂端憑着一口流利英語和悅耳動人的聲線，於國際會計師公會(AIA)主辦的「求職王」語文比賽，擊敗多名來自內地、澳門和香港的大專院校演講高手，奪得季軍。

是次比賽考驗雙語演講能力，參賽者需要在一星期內，就大會給予的題目預備好講辭，並以英語及普通話演講。喜愛演說的呂端認為，一篇好的講辭，必須邏輯嚴謹，結構清晰，才能打動聽眾，表達心中所想。

雖然呂端擁有天賦和努力，但她仍謙遜地表示，能夠發揮所長，實有賴學校舉辦的高效溝通訓練班(EPP)，為她提供了充足的訓練，琢磨演說技巧。

Is EPP for you?

Effective Presentation Programme (EPP)

EPP is specifically designed to boost students' confidence in public speaking and to strengthen their oral presentation skills. Distinguished programme students will receive real-life exposure in engaging in public relations or marketing functions.

高效溝通訓練班(EPP)

希望改進表達技巧和提升自信的學生，可參加由事業及領袖策劃中心(CLC)舉辦的EPP計劃，表現優秀的學員更可以參與真實的公關或推廣活動，進一步建立相關技能。

本地老外

Laughing Matters 愛搞笑 快樂最重要

VIVEK MAHUBANI



If you think you like stand-up comedy but have not heard of Vivek Mahubani, you do not like stand-up comedy hard enough – he is one of Hong Kong's best comedians. Although he is ethnic Indian, his Cantonese jokes can make you laugh until you drop.

His mastery of Cantonese did not come easy. Not having much support with Cantonese, he used to do poorly at school. He said he was lucky to be admitted by CityU's School of Creative Media (SCM) as he had the right 'personalities' for the programme. At the University, he self-studied a lot and improved his grades significantly. He was also offered free-lance work opportunities and even a part-time instructor's position.

Yet, perhaps the making of great comedians often takes some tragedy. Vivek was later diagnosed with lymphoma - cancer of the lymph nodes. The way to recovery was all pain, but his sickness forced him to grow as a person. "If cancer cannot kill me, nothing matters. I decided to try stand-up comedy." Vivek then entered a local comedy competition in English and in Chinese. He did well in both.

"Hong Kong people are one of the hardest to make them laugh," he said. But according to Vivek, things are changing. "Only lately, the society has become more accepting as far as comedies are concerned. You find comedians performing in birthdays, weddings, and corporate functions. It's getting a good start."

These days, Vivek devotes his time on web design and stand-up comedies. He also frequently does interviews and talks for various organisations in order to share his story and his secrets to happiness. For him, a good laugh matters.

要是你喜歡棟篤笑，而你不知道呀V是誰，那麼你對棟篤笑的認識肯定有限——Vivek Mahubani (阿V) 是香港土生土長的印度裔搞笑專家，講得一口流利的廣東話，加上趣怪的表情，逗得觀眾哈哈大笑是他的拿手好戲。

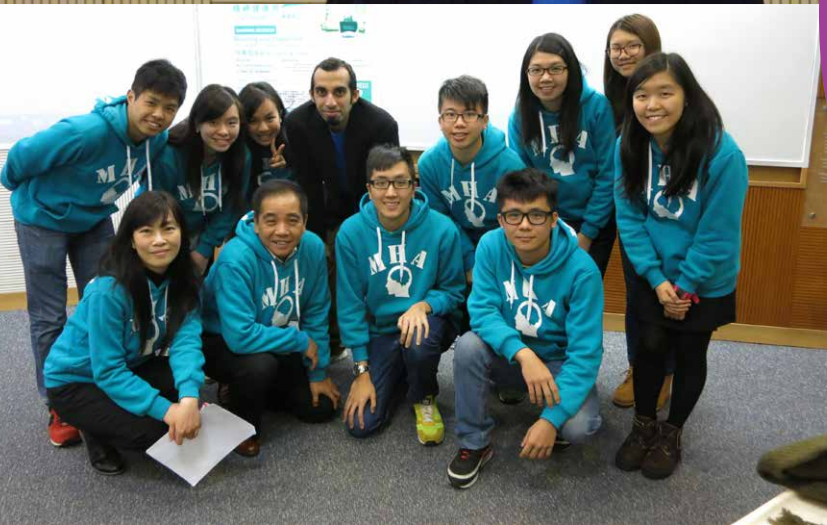
阿V身為全港棟篤笑大賽冠軍人馬，更是喜劇俱樂部Take Out Club的台柱，但原來他成為棟篤笑藝人，卻是因為人生中一個轉捩點：大學時期的阿V優異成績，獲得許多人賞識並給予工作機會，更以一級榮譽從城大創意媒體學院畢業。正當事事一帆風順的時候，他卻突然發現自己患上淋巴癌。雖然治療的過程極為痛苦，但病患反而成了他的推動力：「既然我連癌症都可以打敗，還有什麼可以難倒我？那時才決定嘗試表演棟篤笑。」於是他參加了棟篤笑比賽，並在中文及英文組均取得佳績，後來更將興趣變為職業。

他說：「要引香港人笑其實相當困難。」嚴肅刻板的生活態度也可能是壓力來源，「幸好現在越來越多人相信『歡笑有益健康』，喜劇亦因此比過往受歡迎。」

目前，的阿V一邊從事網業設計，一邊表演棟篤笑，並時常接受演講或採訪邀請，今年亦回到城大擔任精神健康週的演講嘉賓，分享追尋快樂的祕訣。

Vivek sharing his secrets to happiness during a talk of Mental Health Week organized by Mental Health Ambassadors of Counseling Service.

由輔導組精神健康大使所舉辦的精神健康週，邀請了Vivek作演講嘉賓，分享追尋快樂的祕訣。



Vivek presenting the prize of the Joke Writing Competition organized by Mental Health Ambassadors.

由精神健康大使舉辦的笑話創作比賽，Vivek獲邀擔任頒獎嘉賓。

Nelson Lee: A Promising Student Designer

手握畫筆 描繪未來



You may find this black canvas bag familiar since a lot of CityU students in campus carry this chic item distributed by the Student Residence Office (SRO). The bag is designed by Nelson Lee Laam-chuen (Creative Media, Year 4). Nelson has also designed the Handbook for Student Residents and created many other graphics that can be seen around the Student Residence.

A recipient of CityU and Sir Edward Youde Memorial Fund Scholarships, Nelson is now focusing on personal design projects and preparing to take up overseas internships next year.

Nelson likes his flexible and independent lifestyle in the Student Residence very much. He can stay up late working or studying without affecting others. As an active member of the Student Residence, he also participated in the inter-hall athletic and basketball competitions in order to contribute to Jockey Club Humanity Hall where he lives in.

The two pieces of advice Nelson gives to the freshmen are: participate in hall competitions frequently and try to learn independently. "The earlier you get exposed to competitions and the more dedicated you are, the richer your experience will be. Through studying independently, you can master anything you are interested in, while there is so much that you cannot learn in classes."



認得這個黑色布袋嗎？在校園各處，都可見同學背著學生宿舍處贈送的布袋。它的設計者，正是賽馬會敬賢堂的宿生李嵐川，而其他許多在宿舍出現的平面设计，亦是出自嵐川的手筆呢！

就讀創意媒體學院四年級的嵐川曾經設計過海報、橫額和網頁等。目前，嵐川專注於各個設計項目，更正準備到外國公司實習。

在宿舍裡，嵐川可以工作或學習到夜深而不影響到他人。他也曾為賽馬會敬賢堂參加過賽跑和籃球比賽，貢獻所屬的舍堂。

嵐川給新生的兩個建議是：不斷參加宿舍各項比賽和學會自學。「越早接觸比賽、越用心去做，你的經驗會越來越豐富，履歷也會越來越充實；而通過自學，你可以掌握一切你有興趣的事物，其中很多都是課堂上學不到的。」



Work from Nelson's 2D and 3D design portfolios.
嵐川的平面設計和3D動畫作品。

Nelson (left) participated in the inter-hall athletic and basketball competitions in order to contribute to Jockey Club Humanity Hall.

嵐川(左一)曾為賽馬會敬賢堂參加過賽跑和籃球比賽。



A delegation of six students from CityU attended the WorldMUN 2015 conferences held in Seoul.

6名城大學生遠赴韓國首爾參與MUN 2015年度大會。



MUN conferences simulate those of the United Nations and aim at raising students' awareness about diplomacy and international relations.

模擬聯合國旨在促進年輕學生對外交事務與國際關係的瞭解。



Outstanding Delegation Awarded 世界模擬聯合國會議 城大代表奪獎

今年，有6名城大同學遠赴韓國首爾參與模擬聯合國會議 (WorldMUN) 2015。

代表隊成員 Maruful Islam (會計系三年級) 加入了歷史事務委員會，顧名思義，這委員會集中討論與政治與歷史相關的議題，同時要提供具創意的解決方案。是次首爾大會上，Maruful奪得了「外交大獎」(Diplomacy Award)，要得到此項殊榮，與會者須準備充足，能言善辯，更要展現出超卓的「外交手腕」。他表示：「聯合國會參考MUN通過的提案，有時更會真正採用。」對於有機會為世界帶來真正改變，Maruful感到十分高興。

代表隊的統籌廖世傑 (會計系三年級) 則出席了特別政治和非殖民化委員會 (SPECPOL)，處理難民、販賣人口等人道議題。他認為MUN是一項極具意義的活動，可藉此鍛鍊領導才能、交際手腕、決策能力和解難力。

另一名成員 Shawn Sharpurka (銀行及金融服務三年級) 分享道：「MUN不只是一項有趣的活動，會上的辯論環節和團隊合作都達到專業水平。」他深信參加MUN所學有助他未來的事業發展。

This year, a delegation of six students from CityU attended the WorldMUN 2015 conferences held in Seoul, South Korea.

Representing different pre-assigned countries, participants in MUN conferences are placed in various committees. CityU delegate Maruful Islam (Accountancy, Year 3) joined the Historical Committee and won the "Diplomacy Award", which is only given to the students who demonstrated adherence to national policy, excellent speaking skills and diplomatic skills.

"The resolutions that are passed at MUN are often used as references or are actually adopted by the United Nations, sometimes," said Maruful, who seemed satisfied as his work may have an actual effect in the world.

Jacky Liao Shin-chieh (Accountancy, Year 3), coordinator of the team, sat in the Special Political and Decolonization Committee (SPECPOL) to deal with issues such as refugee treatment and human trafficking. Jacky believes that MUN provided an excellent educational platform to train his leadership, diplomacy, decision making and problem solving skills.

Delegate Shawn Sharpurka (Banking & Financial Services, Year 3) also shared his MUN experience, "MUN is not only interesting and real, the debates were professional and so was team work." He finds all the skills that he has used in MUN relevant to his future career.

Outstanding CityU Athletes Triumph in 2015 Interspersed Games

城大傑出運動員2015年大專運動賽再獲佳績



CityU won the men's overall championship and the women's overall 1st runner-up in the 2014-2015 Annual Interspersed Sports Competitions. 城大運動隊於2015年度的大專賽中表現優秀，並奪得男子團體總冠軍、女子團體總亞軍。

City University of Hong Kong (CityU) men's and women's sports teams have pulled off another triumphant season.

CityU won the men's overall championship and the women's overall 1st runner-up in the 2014-2015 Annual Interspersed Sports Competitions organised by The University Sports Federation of Hong Kong, China (USFHK).

Overall CityU won the championship in 12 events, and took home seven 1st runners-up positions and 11 third-placed positions at the USFHK interspersed prize presentation ceremony held on 19 April.

For the second year running, Grace Lau Mo-sheung (Creative Media, Year 3) who is ranked 20th in the world in female individual Karate Kata, was named USFHK Sportswoman of the Year.

Grace was particularly excited at winning Sportswoman of the Year again, and she thanked CityU for enabling student athletes to balance excellence in sports and studies. She plans to become a full-time athlete after she graduates this year, and hopes to scale new heights in the Kata event in the Asian Karatedo Championships in September and the 2018 Asian Games.

Moreover, 13 CityU athletes were named Most Valuable Player in their respective events, underlining the overall CityU sporting strength.



Grace Lau, student in the School of Creative Media, was named USFHK Sportswoman of the Year for the second year running.

創意媒體學院學生劉慕裳蟬聯「大專全年最佳女子運動員」。

香港城市大學（城大）男子及女子運動隊再度揚威香港大專運動界。

在香港大專體育協會2014-2015年度的賽事中，城大運動隊總共獲得12項冠軍、7項亞軍、11項季軍，表現優秀，並榮膺男子團體總冠軍、女子團體總亞軍；創意媒體學院三年級學生、空手道女子個人套拳項目世界排名第20位的劉慕裳，更蟬聯「大專全年最佳女子運動員」。

劉慕裳對再次獲獎感到振奮，並感謝城大對運動隊一系列支援，讓運動員可以在運動及學業上，都能夠爭取佳績。今年畢業的劉慕裳將會擔任全職運動員，並全力備戰九月的亞洲空手道錦標賽套拳項目以及2018年亞運，期望再創佳績。

城大今年有13位運動員從各個參賽項目中，獲得「最有價值運動員獎」，充分展示城大多方面的運動實力。