

City University of Hong Kong
Student Residence Office

Regulations for the Use of Gymnasium in the Ma On Shan Compound

All Gymnasium users must comply with the following Regulations:

1. The opening hours of the Gymnasium are from 06:00 to 02:00 daily.
2. The Student Residence Office (SRO) reserves the right to close the Gymnasium without prior notices for cleaning, renovation or maintenance or other purposes.
3. The Gymnasium in the Ma On Shan (MOS) Compound is offered to the users who meet with the following conditions:
 - a. residents of the Ma On Shan Compound;
 - b. attended Physical Fitness Course offered by CityU SDS PE Section or qualified users vetted by CityU SDS PE Section.
4. The maximum capacity of the Gymnasium is 30 persons.
5. Users should be dressed in appropriate sportswear.
6. To maintain the cleanliness of the equipment and facilities in order to promote personal hygiene and the durability of the equipment and facilities. After using the equipment, users must:
 - a. wipe off the sweat stain on equipment;
 - b. move equipment back to the original position;
 - c. replace loose parts of equipment.
7. For a fair and respectful exercising environment, users do not use cardio-training or weight-training machines for more than 60 minutes whenever there is other user waiting.
8. No food or drink except water is permitted inside the Gymnasium.
9. Non-exercising activities are not allowed in the Gymnasium.
10. Users must be responsible for their own health status and safety. SRO shall not be held liable for any personal injuries or accidents howsoever caused, during the use of the Gymnasium.
11. Users must be responsible for their personal property. SRO shall not be held liable for any loss or damage of personal property, whether or not such loss or damage is caused by SRO's negligence. Any unattended object will be dealt with as SRO sees fit.
12. SRO reserves the right to claim compensation from any person damaging the equipment and facilities in the Gymnasium.
13. Do not plug your personal electronic devices into electronic sockets in the Gymnasium.
14. Do not relocate equipment and facilities in the Gymnasium.
15. Users are also required to comply with the "Regulations Governing Student Residence" when using the Gymnasium.
16. SRO or its authorized agents (e.g. security guards) reserve the right to ask misbehaving persons or ineligible users to leave the Gymnasium immediately.
17. SRO reserves the right to bar users who violated the Regulations from re-entering the Gymnasium.
18. SRO reserves the right to amend the aforementioned Regulations at any time without prior notice.