SCHOOL OF ENERGY AND ENVIRONMENT



(24 Feb 2025 - 31 Dec 2025)

INDUSTRIAL MENTORSHIP PROGRAMME 2025



School of Energy and Environment 香港城市大學 GryInivenity of Hong Kong

Objectives

Monitored and arranged by the School of Energy and Environment (SEE), the mentorship programme provides a platform for undergraduates majoring in BEng in Energy Science and Engineering or BEng in Environmental Science and Engineering to seek advice from experienced professionals from the industry and prepare for their career.



PROGRAMME FEATURES

- Mentee-driven: Mentees to take the initiatives in arranging meetings and disucssions
- Flexible mentor-mentee meeting format: e-platorm and/or in-person meetings
- Bi-annual review by mentees on personal development

LEARNING OUTCOMES

- Allow mentees to gain better understanding of the enery- and environmental-related industries

- Enable mentees to seek advice from mentors on areas related to university life, career preparation or other future development

- Develop mentees' enthusiasum, reasoning and communication skills while exchanging ideas with experienced mentors

- Enhance mentees' career potential



ROLES OF MENTORS

A mentor is a trusted coach who provides mentee with advice to facilitate the development of his/her abilities and strengths. Mentors will:

- give visions
- share their experiences and wisdom
- support, coach or challenge the mentees
- NOT take action for mentees

ROLES OF MENTEES

A mentee is the core of the mentorship. He/she is expected to be proactive and responsible. Mentees will:

- be **self-motivated** in arranging meetings with mentors
- exhibit a positive attitude towards their personal development
- share their thoughts with mentors on various topics (free choice) related to study, career or personal growth

- learn how to handle challenges and prepare for their furture gradually with the advice from mentors



Mentor-mentee Meetings

- First meeting should be in-person/online (Skype/Zoom)
- At least one in-person/online meeting per quarter
- Minimum 1 hour contact per month:
 - <u>Contact could be in the format of</u> 1- hour session per month/weekly phone contact/ video-conferencing/combining all mentioned tools
- Mentees should be the ones arranging the meetings

Bi-annual Review

- Each mentee should submit a bi-annual report to his/her mentor for review, and then send the duly reviewed report to SEE office for record.

<u>Report format:</u>

- Chinese/English
- No word limit
- Contains information related to meetings and personal reflection
- 3 5 photos regarding the meetings

Submission Deadline (to SEE Offiice: <u>susleong@cityu.edu.hk</u>)

First Report: 2 July 2025 Second Report: 5 Jan 2026



