

# CITYUHK WALK CONTEST

1-31 MARCH 2025



## MEDALS

- **Top3** individuals & teams

## SOUVENIRS

- **Top30** committed walkers
- **Top10** teams
- Walked  $\geq 10,000$  steps / day  
(7 days in a row during the Contest)

## ELIGIBILITY

- **CityUHK students, alumni, staff & friends!**

## ENROLLMENT (ANDROID)

- Download "**CityU Walk**" app
- Link with "**Health Connect**" & "**Google Fit**" apps
- Register an account
- Form a team & walk!

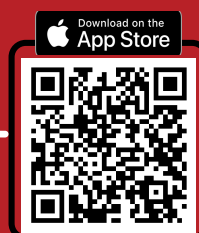


## ENROLLMENT (IOS)

- Download "**CityU Walk**" app
- Link with "**Apple Health**" app
- Register an account
- Form a team & walk!



GET IT ON  
Google Play



Download on the  
App Store

