

The 31st CityUHK Annual Athletic Meet 2024

1. Background Information

Organizer: PE Section, Student Development Services and sponsored by Cultural and Sports Committee

Date and Time: 20th October 2024 (Sunday), 0900 - 1400

Venue: Joint Sports Centre, Renfrew Road

Objective: To promote healthy life-style among CityUHK community and the participation in track and field events.

2. Events

Events	Student		Staff		Staff & Alumni Children		
	Men	Women	Men	Women	Boys	Girls	Mixed
Track							
60 M							
Age 4-6							✓
Age 7-9							✓
Age 10-12					✓	✓	
100 M	✓	✓	✓				
200 M	✓	✓					
400 M	✓	✓					
110 M Hurdles	✓						
100 M Hurdles		✓					
400 M Hurdles	✓						
800 M	✓	✓	✓				
1500 M	✓	✓					
5000 M	✓	✓	✓				
4 X 100 M Relay	✓	✓					
4 X 400 M Relay	✓	✓					
5000M	✓	✓	✓				
5000M (Men & Women Alumni)	✓ 20 quotas for alumni (first come first served)						
Field							
Long Jump	✓	✓	✓				
High Jump	✓	✓					
Triple Jump	✓						
Pole Vault	✓						
Javelin	✓	✓					
Discus	✓	✓					
Shot Put	✓	✓	✓				

3. Rules & Regulations

Enrollment specification:

- 3.1. All full-time students; full-time staff, alumni and their dependents are eligible to participate in individual events and in children's events respectively.
- 3.2. Each full-time student and staff may take part in a maximum of 3 individual events (either 2 tracks & 1 field event or 2 fields & 1 track event). Relay events are not to be included.
- 3.3. Individual events with less than three enrolments will be cancelled. The applicants will be informed for cancellation of the event.
- 3.4. Participants of the 5000m event should finish the race within 30 minutes, except 25 minutes for men's students, or else are invited to leave the track.
- 3.5. There will be no heats in all events. The official positions will be decided by the timings and results in each event competed.
- 3.6. Top 8 participants of each event shall gain points 9, 7, 6, 5, 4, 3, 2, 1 according to the result to compete for the Overall Men and Women Individual Champion Award.
- 3.7. No participant shall be allowed to participate in the event if he/she fails to present his/her CityUHK ID.card for verification.
- 3.8. Unless specified otherwise, all events are subject to the latest "World Athletics Competition & Technical Rules – 2024 Edition (English version)".
- 3.9. The Organising Committee reserves the right to adjust the rules & regulations if and when necessary.
- 3.10. Participants take part in the Meet at their own risk, CityUHK and P.E. Section will bear no responsibilities or liabilities whatsoever for any accidents.

4. Prizes

- 4.1. Medals/pendants will be presented to the best three participants/teams in individual events/relays respectively.
- 4.2. An individual champion award will be presented to the highest score competitor in Men and Women Student's Division.