

# The 31<sup>st</sup> CityUHK Annual Athletic Meet 2024

## Best Record

### Student Men's Division

<u>Events</u>	<u>Record</u>	<u>Record Holder</u>	<u>College/ Department</u>	<u>Year</u>
100 M	10.58"	賴家斌	EE	2002
200 M	22.20"	賴家斌	EE	2001
400 M	49.41"	麥俊然	DSS	2004
800 M	2'03.60"	黎潤生	CLASS	2019
1500 M	4'22.70"	He Jingwu	CLASS	2022
5000 M	16:11.26"	羅俊彥	CLASS	2024
110 M Hurdles	15.23"	岑植禮	CSE	2010
400 M Hurdles	57.00"	朱永日	SCM	2005
High Jump	2.05 M	Kennnelly Michael John	CENG	2022
Long Jump	6.82 M	黃皓正	CB	2024
Triple Jump	13.81 M	馬天樂	CLASS	2023
Shot Put	13.16 M	招立新	MKT	2007
Discus	40.95 M	招立新	MKT	2007
Javelin	54.95 M	文高俊	CLASS	2014
Pole Vault	3.6 M	陳嘉豪	CLASS	2018
4 X 100 M Relay	45.27"	系/部際	MEEM	1998
4 X 100 M Relay	43.24"	公開組	Final Year	2016
			再次感謝戴太葉 Sir 隊	
4 X 100 M Relay	44.50"	舍際組	Hall 7	2015
4 X 400 M Relay	3'54.17"	系/部際	EE	2002
4 X 400 M Relay	3'39.99"	公開組	Hall 2	2019

### Student Women's Division

<u>Events</u>	<u>Record</u>	<u>Record Holder</u>	<u>College/ Department</u>	<u>Year</u>
100 M	12.21"	潘栢茵	CCCU	2010
200 M	25.33"	潘栢茵	CCCU	2010
400 M	1'01.93"	鄺舒婷	MKT	2007
800 M	2'28.03"	范家瓊	CB	2013
1500 M	5'06.17"	范家瓊	CB	2013
5000 M (new event)	21'04.52''	丁欣怡	CLASS	2023
100 M Hurdles	15.37"	梁淑華	DSS	2006
High Jump	1.61 M	陳美迪	DSS	2003
Long Jump	5.30 M	葉穎薇	CB	2020
Shot Put	11.30 M	李嘉萱	CLASS	2011
Discus	35.58 M	李嘉萱	CLASS	2011
Javelin	38.73 M	吳其芯	CLASS	2018
4 X 100 M Relay	53.76"	系/部際	DSS	1999
4 X 100 M Relay	53.42"	公開組	白華茵欣隊	2003
4 X 100 M Relay	56.36"	舍際組	Hall 5	2016
4 X 400 M Relay	4'31.38"	公開組	X Team	2012
Interhall Cheering Competition Best Performance Award	540 Marks	舍堂啦啦隊比賽優異獎	Hall 4	2011

### Staff Men's Division

<u>Events</u>	<u>Record</u>	<u>Record Holder</u>	<u>Department</u>	<u>Year</u>
100 M	12.23"	謝佳佑	CSE	2016
800 M	2'15.24"	鄧振波	EE	1998
5000 M	17'22.39"	Michael Mould	EE	1998
Shot Put	11.33 M	吳志颺	AP	1997
Long Jump	5.56 M	何浩培	AP	1998
High Jump	1.50 M	何浩培	AP	1998
4 x 100 M Relay	53.36"	系/部際	ME	1996
4 x 100 M Relay	1'02.92"	Runners (系/部際)	-	2007

### Staff Women's Division

<u>Events</u>	<u>Record</u>	<u>Record Holder</u>	<u>Department</u>	<u>Year</u>
100 M	14.76"	陳凱姬	BC	2002
400 M	1'24.27"	李美玲	SAO	1996
1500 M	6'19.51"	羅慕賢	MEEM	2000
5000 M	24'27.72"	趙滿豐	PRVT	2015
Shot Put	7.06 M	區惠芬	IS	1995
Long Jump	3.38 M	黃衛嫦	LIB	1996
4 x 100 M Relay	1'00.30"	Rabbits (系/部際)	-	2008

### Staff Dependants' Division

<u>Events</u>	<u>Record</u>	<u>Record Holder</u>	<u>Department</u>	<u>Year</u>
60 M (Age 4 - 6)	11.08"	Ethan Chen	-	2013
60 M (Age 7 - 9)	9.50"	Chan Yat Long	-	2022
60 M (Age 10 - 12)	8.19"	陳日楠	-	2019

### Alumni's Division

<u>Events</u>	<u>Record</u>	<u>Record Holder</u>	<u>Department</u>	<u>Year</u>
Women's 5000 M	23'11.18"	楊梓君	-	2009
Men's 5000 M	17'21.26"	Yee Cheuk Hin	-	2022