

CityUHK Annual Athletic Meet

31st

第三十一屆
香港城市大學
周年陸運會



主辦單位
Organised by
PE/SDS
學生發展處
體育部

比賽日期
Competition Date

2024
10.20

截止報名日期
Deadline of Entry

10.04
12:00 noon

立即 **ENROLL**
報名 **NOW**



SUNDAY 星期日

九龍聯福道聯校運動中心
Joint Sports Centre,
Renfrew Rd, Kowloon.



招募學生助理
及工作人員
Recruitment of
Student helpers &
Officials

For information and details:



Supported by Cultural and Sports Committee

Enquiries:
PE Section
3442 8025
sope@cityu.edu.hk

The 31st CityUHK Annual Athletic Meet 2024



香港城市大學
City University of Hong Kong

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Guest of Honour

Prof. Dannii YEUNG	Associate Provost (Student Life)
Prof. TOH Kian Lam	Director of SDS

Advisor

Mr. Sunny CHAU	Associate Director of SDS (PE)
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Organizing Committee

Mr. Matthew YIP	Organizing Committee Chairperson
Mr. Vincent KWAN	Organizing Committee Member
Miss. Ivy TSANG	Organizing Committee Member

Appeal Committee

Mr. Sunny CHAU	Advisor
Mr. Matthew YIP	Organizing Committee Chairperson
Mr. Vincent KWAN	Organizing Committee Member

Official and Helper List

Advisor: Mr. Sunny CHAU

Chief Judge: Mr. Matthew YIP (Track Events)
Mr. CHU Wing Yat (Jump Events)
Mr. LEUNG Wing Yin (Throw Events)

Clerical Miss. Ivy TSANG
Support: Miss. CHEUNG Ka Yin
Miss. LAI Tsz Wing
Mr. LAI Wai Fung

Key Helper: Miss. CHEUNG Ka Yin
Miss. LAI Tsz Wing
Mr. LAI Wai Fung

Ceremony & Announcer: Ms. Winnie WONG (Chief)
Miss. CHAN Chun Yin Gin
Miss. LEE Chiu Lam

High Jump & Pole Vault: Mr. Denis WAN (Chief)
Mr. KHAN Muhammad Ibrahim
Miss. UYANGA Erdenetuul

Javelin: Mr. CHOW Wai Kin (Chief)
Mr. HUSSAIN Aashil
Mr. SYED Ibrahim Omer

Long Jump & Triple Jump: Mr. LO Chun Yu (Chief)
Mr. AU YEUNG Hok Ka (Chief)
Miss. CHOW Long Yi
Mr. NGUYEN Hai Dang
Mr. WONG Hong Yau

Shot Put & Discus: Ms. MA Man Kaai (Chief)
Mr. LEUNG Lit Ho (Chief)
Miss. CHERNOVA Polina
Mr. NATALIEPUTRA Justin Rafael
Mr. TAERANANONT Tut

Starter: Mr. CHU Wing Yat (Chief)
Mr. YIP Siu Fung (Chief)
Miss. AFZAAL Eimaan
Mr. AHAMMAD Surid

Starting Block: Mr. Vincent KWAN (Chief)
Mr. ADNAN Umer
Mr. CHEUNG Ho Tsun
Mr. YUEN Kin On

Time Keeper: Mr. Gordis YAU (Chief)
Miss. APRILNITY Stesya
Mr. HASEEB Sheikh Muhammad
Miss. LIU Zi
Mr. MAKASHEV Adlet
Mr. SIDDIQUI Ashar Ahmed
Mr. SIDDIQUI Owais Ahmed
Miss. UTOMO Kelly Kurnia
Miss. YEUNG Wing Hee
Miss. ZHOU Fangyu

Position Judge: Mr. Jason CHAU (Chief)
Miss. ADRIANI Elisabeth Felicia
Mr. CHEUNG Pui Lam
Mr. DI Shiyuan
Miss. DOAN Thi Tam Quyen
Mr. ELI Sixtus Chidum
Mr. HURMAN
Miss. MRAVCAKOVA Nina
Miss. Yoon Akari
Mr. LAM Tin Lok

Referee & Corner Judge: Mr. LIU Lok Chun (Chief)
Mr. ADNAN Syed Aahmad
Mr. SARBULAND Muhammad
Miss. SHING Kai Xuan

Resource Management: Mr. Vincent KWAN (Chief)
Mr. ABBAS Syed Taqi
Mr. SIDDIQUI Sameer Ahmed
Miss. WU Jinghan
Miss. YANIDA Nushrah

Marshal: Miss. POON Hoi Lam (Chief)
Mr. ABDULLAH Mohammad Omer Bin
Mr. ABEYEV Yerzhan
Miss. CHONG Hui Yi
Miss. CHONG Min Shean
Mr. HAMEED Nurul (Entrance Roll Call)
Miss. SHIU On Sum (Entrance Roll Call)
Mr. WONG Chi Shing (Entrance Roll Call)

Recording: Dr. Clara WONG (Chief)
Miss. HU Jiayi
Mr. KHATTAK Mahin
Mr. LEUNG Wing Hei
Mr. MA Cheuk Long
Miss. NGAN Yan Wynona
Miss. NING Xitong

Prize & Reception: Miss. Ivy TSANG
Miss. KONG Hoi Yau
Mr. PEIRIS Yash Biren
Miss. ZHANG Zerun

First Aid: Miss. Ivy TSANG

Events

Events	Student		Staff		Alumni		Staff & Alumni Children		
	Men	Women	Men	Women	Men	Women	Boys	Girls	Mixed
Track									
60 M (Age 4-6)									✓
60 M (Age 7-9)									✓
60 M (Age 10-12)							✓	✓	
100 M	✓	✓	✓						
200 M	✓	✓							
400 M	✓	✓							
110 M Hurdles	✓								
100 M Hurdles		✓							
400 M Hurdles	✓								
800 M	✓	✓							
1500 M	✓	✓							
5000 M	✓	✓			✓	✓			
4 X 100 M Relay	✓	✓							
4 X 400 M Relay									
Field									
Long Jump	✓	✓							
High Jump	✓	✓							
Triple Jump	✓								
Pole Vault	✓								
Javelin	✓	✓							
Discus	✓	✓							
Shot Put	✓	✓							

Reminders for Athletes

1. In addition to the race in particular stated, all other rules adopt the World Athletics Competition & Technical Rules – 2024 Edition (English version).
2. All events are straight finals. Official positions will be judged by time, distance and height of each event competed.
3. Only registered participants and event officials are allowed to enter competition venue.
4. Participants must report to the Marshalling Station within the reporting time. Marshalling Station is located at Spectator Stand.

5. Reporting time arrangement:

Marshalling Time	Start time for Marshalling	End Time for Marshalling
a. Track and Relay Events:	20 minutes before the event	10 minutes before the event
b. Field Events:	35 minutes before the event	25 minutes before the event
c. Pole Vault:	45 minutes before the event	35 minutes before the event

6. Participants who fail reporting to the Marshalling Station within the reporting time shall be disqualified from the event. Participants must present their student or staff identity card when reporting to the Marshalling Station.
 - a. Athletes taking part in a FIELD event who required leaving in the middle of that event to take part in a TRACK event, must ask for permission from the judge of the FIELD event first.
 - b. Athletes taking part in two events (one track, one field) which happen to be carried out at the same time should report first to the track event. Athletes are requested to note that the field event will still in progress during their absence. Immediately after the Track event is finished, athletes should report at once to their field event judge.
 - c. If the field event has already been finished and placing of athletes is fixed, athletes who left the event will forfeit their chance of competing.
7. If there is only one athlete reported to the Marshalling Station for an event, the event will be cancelled. If there are two athletes reported to the Marshalling Station, the event will be held as scheduled, but new record set in that event will not be recognized as a record.
8. No prize presentation ceremony is arranged for all individual events except children events. Medals of individual events will be collected at the reception table. Prize presentation for all relay events will be arranged in the closing ceremony and compulsory for all awarded relay team members.

Implement

- Information on the specification of implements:

Events	Shot Put	Discus	Javelin	100 Hurdles	110 Hurdles	400 Hurdles
Men	7.260kg	2.000kg	800gm	-	1.067m	0.914m
Women	4.000kg	1.000kg	600gm	0.840m	-	-

- Use of starting block is not compulsory for sprinting events, including 100M, 200M, 400M 100M Hurdles, 110M Hurdles, 400M Hurdles, and all relays.
- Triple jump athletes can use either 9M or 11M take off board.
- The starting height and increment for the Men's High Jump (M) are: 1.25, with 0.03 increment afterwards; with 0.02 increment after 1.90.
- The starting height and increment for the Women's High Jump (M) are: 0.90, with 0.03 increment afterwards; with 0.02 increment after 1.55.
- The starting height for the Men's Pole Vault (M) is 1.70 with increment of 0.10. till to 3.00, and 0.05 afterwards.
- All athletes agree to abide by all rules and conditions of the Orgnaiser and the Organising Committee reserves the right of interpreting and amending the regulations with immediate effect.

Prizes

- Top three positions of individual and relay events.
- Men's and Women's Individual Champion of student categories.

Scoring

(Applicable for Students Only)

- Points of top eight positions of individual events is scored in the decending order: 9, 7, 6, 5, 4, 3, 2, 1.
- Athlete(s) scored the highest points in individual events are the Individual Champion. If scores are the same, the prize concerned shall be determined by the following order of priority: a. the number of gold medals, followed by number of silver medals and then bronze medals, obtained in individual events; b. the number of new records set.

Appeal

- Neither individual nor relay events shall be subjected to appeal. For query of competition matters, organizer and official judges for either written regulations or the rules in particular stated shall be final and no objection accepted.

Best Record of Annual Athletic Meet

Student Men's Division

<u>Events</u>	<u>Record</u>	<u>Record Holder</u>	<u>College/ Department</u>	<u>Year</u>
100 M	10.58"	賴家斌	EE	2002
200 M	22.20"	賴家斌	EE	2001
400 M	49.41"	麥俊然	DSS	2004
800 M	2'03.60"	黎潤生	CLASS	2019
1500 M	4'22.70"	He Jingwu	CLASS	2022
5000 M	16'17.88"	Michael Chamberlain	MEEM	2004
110 M Hurdles	15.23"	岑植禮	CSE	2010
400 M Hurdles	57.00"	朱永日	SCM	2005
High Jump	2.05 M	Kennnelly Michael John	CENG	2022
Long Jump	6.78 M	黃皓正	CB	2023
Triple Jump	13.81 M	馬天樂	CLASS	2023
Shot Put	13.16 M	招立新	MKT	2007
Discus	40.95 M	招立新	MKT	2007
Javelin	54.95 M	文高俊	CLASS	2014
Pole Vault	3.6 M	陳嘉豪	CLASS	2018
4 X 100 M Relay	45.27"	系/部際	MEEM	1998
4 X 100 M Relay	43.24"	公開組	Final Year	2016
			再次感謝戴太葉 Sir 隊	
4 X 100 M Relay	44.50"	舍際組	Hall 7	2015
4 X 400 M Relay	3'54.17"	系/部際	EE	2002
4 X 400 M Relay	3'39.99"	公開組	Hall 2	2019

Student Women's Division

<u>Events</u>	<u>Record</u>	<u>Record Holder</u>	<u>College/ Department</u>	<u>Year</u>
100 M	12.21"	潘栢茵	CCCU	2010
200 M	25.33"	潘栢茵	CCCU	2010
400 M	1'01.93"	鄺舒婷	MKT	2007
800 M	2'28.03"	范家瓊	CB	2013
1500 M	5'06.17"	范家瓊	CB	2013
5000 M (new event)	21'04.52''	丁欣怡	CLASS	2023
100 M Hurdles	15.37"	梁淑華	DSS	2006
High Jump	1.61 M	陳美迪	DSS	2003
Long Jump	5.30 M	葉穎薇	CB	2020
Shot Put	11.30 M	李嘉萱	CLASS	2011
Discus	35.58 M	李嘉萱	CLASS	2011
Javelin	38.73 M	吳其芯	CLASS	2018
4 X 100 M Relay	53.76"	系/部際	DSS	1999
4 X 100 M Relay	53.42"	公開組	白華茵欣隊	2003
4 X 100 M Relay	56.36"	舍際組	Hall 5	2016
4 X 400 M Relay	4'31.38"	公開組	X Team	2012
Interhall Cheering Competition Best Performance Award	540 Marks	舍堂啦啦隊比賽優異獎	Hall 4	2011

Staff Men's Division

<u>Events</u>	<u>Record</u>	<u>Record Holder</u>	<u>Department</u>	<u>Year</u>
100 M	12.23"	謝佳佑	CSE	2016
800 M	2'15.24"	鄧振波	EE	1998
5000 M	17'22.39"	Michael Mould	EE	1998
Shot Put	11.33 M	吳志颺	AP	1997
Long Jump	5.56 M	何浩培	AP	1998
High Jump	1.50 M	何浩培	AP	1998
4 x 100 M Relay	53.36"	系/部際	ME	1996
4 x 100 M Relay	1'02.92"	Runners (系/部際)	-	2007

Staff Women's Division

<u>Events</u>	<u>Record</u>	<u>Record Holder</u>	<u>Department</u>	<u>Year</u>
100 M	14.76"	陳凱姬	BC	2002
400 M	1'24.27"	李美玲	SAO	1996
1500 M	6'19.51"	羅慕賢	MEEM	2000
5000 M	24'27.72"	趙滿豐	PRVT	2015
Shot Put	7.06 M	區惠芬	IS	1995
Long Jump	3.38 M	黃衛嫦	LIB	1996
4 x 100 M Relay	1'00.30"	Rabbits (系/部際)	-	2008

Staff Dependants' Division

<u>Events</u>	<u>Record</u>	<u>Record Holder</u>	<u>Department</u>	<u>Year</u>
60 M (Age 4 - 6)	11.08"	Ethan Chen	-	2013
60 M (Age 7 - 9)	9.50"	Chan Yat Long	-	2022
60 M (Age 10 - 12)	8.19"	陳日楠	-	2019

Alumni's Division

<u>Events</u>	<u>Record</u>	<u>Record Holder</u>	<u>Department</u>	<u>Year</u>
Women's 5000 M	23'11.18"	楊梓君	-	2009
Men's 5000 M	17'21.26"	Yee Cheuk Hin	-	2022

Competition Schedule and Start List

Event 1	<i>Student Men 400M Hurdles Finals</i>
Time	<i>09:30</i>

No.	Participant	College
M09	Chen Xingyu	CSCI
M24	BUSOIR Fuad Oreoluwa	CLASS
M26	LAM Tsz Nok Ron	CLASS

Event 2	<i>Student Women High Jump Finals</i>
Time	<i>09:45</i>

No.	Participant	College	No.	Participant	College
F02	Fung Yuk Kiu, Yukie	CENG	F28	LEI SIQI	SDSC
F03	Lam Charlotte	JCC	F35	Sylva Chioma Sheryl	CLASS
F14	Lau Ka Yin Kylie	JCC			

Event 3	<i>Student Women Shot Put Finals</i>
Time	<i>09:45</i>

No.	Participant	College	No.	Participant	College
F04	Chan Ka Fu	CSCI	F15	LI Ping	LT
F05	Lam Hoi ling	CLASS	F16	Cheng Chi Man	Other
F07	Wong Wing Nam	CB	F18	Ng Chi Oi	CENG
F08	YE San Tung	SEE	F19	Leung Tsz Yiu Coral	CLASS
F09	Chan Ching Yin	CB	F27	Chan Man Yi	CB
F10	Leung Yu Sze	CLASS	F29	FENG RUIHAN	CENG

Event 4	<i>Student Women Long Jump Finals</i>
Time	<i>09:45</i>

No.	Participant	College	No.	Participant	College
F14	Lau Ka Yin Kylie (Time Trial)	JCC	F23	Hiay-Tsing Gabrielle MA	CLASS
F21	Hanru Deng	SCM	F28	LEI SIQI	SDSC

Event 5	<i>Student Women Javelin Finals</i>
Time	<i>09:45</i>

No.	Participant	College	No.	Participant	College
F03	Lam Charlotte	JCC	F19	Leung Tsz Yiu Coral	CLASS
F13	Lo Lok Yi	JCC	F30	Ka Yiu Sun	SDSC
F14	Lau Ka Yin Kylie	JCC	F31	Chan Wing Yiu Avian	CENG
F18	Ng Chi Oi	CENG	F32	Chen Xinyi	CB

Event 6	<i>Student Women, Men, Staff Men & Alumni 5000M Finals</i>
Time	<i>09:50</i>

No.	Participant	College	No.	Participant	College
M03	LAI Chi Kit	CB	F15	LI Ping	LT
M07	TIN Ka Yuen	CLASS	F17	PATELTanaya Hitesh	CENG
M13	Li Ka Po	CB	F37	Cheung Ka Yin	CSCI
M37	LEE Chi Tat	CB	F38	Tsang Hoi Ying	CLASS
M38	HE Jingwu	CLASS	F39	Fung Yeuk Kei	CLASS
M39	HO Kwan Hoi	CLASS	F40	SUN Yifan	JCC
M40	TSE Hou Ting	JCC	F41	Zeng Nga Ting	CB
M41	Lo Chun Yin	CLASS	F42	Wang Sze Chai Addes	CLASS
M43	CHEUNG Yu Curtis	CENG	F43	Izzy Errington	CENG
M45	CHEN Le	CENG	A04	Cheng Siu Lai	Other
M60	Wong San Ho	CENG	A01	CHOI SHI HIM JOSIAH	CENG
M61	Yee Long Hei	SDSC	A02	Yee Cheuk Hin	CENG
M67	He Jinzhixin	CB	A03	Wong Yat Loon	CB
F13	Lo Lok Yi	JCC			
F14	Lau Ka Yin Kylie	JCC			

Event 7	<i>Student Men High Jump Finals</i>
Time	<i>10:30</i>

No.	Participant	College
M01	WANG Jitong	CLASS
M28	KENNELLY Michael John	CENG
M33	WONG Lok Tin	CENG

Event 8	<i>Student Men Shot Put Finals</i>
Time	<i>10:30</i>

No.	Participant	College	No.	Participant	College
M14	Navas Khan Nazir Khan	CB	M52	FOK CHIN CHONG	CB
M27	LUK Ka Ming	CB	M53	Heisenberg	SDSC
M29	CHENG Eden	CENG	M57	Cheang Kuan Un	CB
M34	WONG Tsz Ho	CLASS	M70	Chan Wan	CSCI
M51	Lam Ki Fung	CSCI			

Event 9	<i>Student and Staff Men Long Jump Finals</i>
Time	<i>10:30</i>

No.	Participant	College	No.	Participant	College
M12	Kong Man Chun	CSCI	M62	Tsoi Kam Fu	CB
M30	WONG Ho Ching	CB	M65	Chan Cheuk Hei	CB
M46	Heng Su	SCM	M67	He Jinzhixin	CB
M49	Ko Long Ching	CB			
M52	FOK CHIN CHONG	CB			
M61	Yee Long Hei	SDSC			

Event 10	<i>Student Men Javelin Finals</i>
Time	<i>10:30</i>

No.	Participant	College	No.	Participant	College
M06	Kwan Ngo Chun Elvis	CENG	M60	Wong San Ho	CENG
M14	Navas Khan Nazir Khan	CB	M68	Chan Shu Hang	CLASS
M29	CHENG Eden	CENG	M69	Surid Ahammad	JCC
M57	Cheang Kuan Un	CB			

Event 11	<i>Student Women 100M Finals</i>
Time	<i>10:35</i>

No.	Participant	College	No.	Participant	College
F01	Kwok Hiu To	CB	F22	ZHOU Tianwei	SLW
F03	Lam Charlotte	JCC	F29	FENG RUIHAN	CENG
F11	Wong Hiu To	CLASS	F33	Wong Wai Ching Valerie	CENG

Event 12	<i>Student and Staff Men 100M Finals</i>
Time	<i>10:40</i>

No.	Participant	College	No.	Participant	College
M02	Tai Marcus Pak Wai	CENG	M50	Cheng Tan Yeung Frenkie	CENG
M10	Wu Yan Chai	CENG	M54	LUO SHIJUN	CENG
M11	Cheung Hiu Leong	CLASS	M55	BAO Wenhan	CENG
M18	CHEUNG Cheuk Wang Colin	CSCI	M60	Wong San Ho	CENG
M20	XIA Chengxuan	CENG	M62	Tsoi Kam Fu	CB
M26	LAM Tsz Nok Ron	CLASS	M65	Chan Cheuk Hei	CB
M28	KENNELLY Michael John	CENG	M69	Surid Ahammad	JCC
M33	WONG Lok Tin	CENG	MS03	Ip Wai Kit	Other
M46	Heng Su	SCM	MS04	Leung Kin Sang	Other
M49	Ko Long Ching	CB			

Event 13	<i>Student Women 400M Finals</i>
Time	<i>10:50</i>

No.	Participant	College	No.	Participant	College
F06	Huang Luyan	SDSC	F27	Chan Man Yi	CB
F23	Hiay-Tsing Gabrielle MA	CLASS	F35	Sylva Chioma Sheryl	CLASS
F24	YuanJiayu	CSCI	F36	Carmen Portela Medraño	CSCI
F25	Tam, Nicole Moon	CLASS			

Event 14	<i>Student Men 400M Finals</i>
Time	<i>10:55</i>

No.	Participant	College	No.	Participant	College
M11	Cheung Hiu Leong	CLASS	M47	CHAN Cheuk Fung	CLASS
M15	ZUO Haitong	SDSC	M56	Muhammad Asadohoo Abdali	SDSC
M16	Cheng Han	CLASS	M58	Tsui Ho Kwan	CENG
M17	LEUNG Sheung Lai	CLASS	M59	Jacob Powell	CLASS
M24	BUSOIR Fuad Oreoluwa	CLASS	M63	XIONG CHENWEI	CENG
M42	LAU Chun Hei	E2	M64	NG Tsang Ling	JCC

Event 15	<i>Student Women 800M Finals</i>
Time	<i>11:00</i>

No.	Participant	College
F12	Lau Ho Ching	JCC
F23	Hiay-Tsing Gabrielle MA	CLASS
F26	LI Letu	CLASS

Event 16	<i>Student Men 800M Finals</i>
Time	<i>11:10</i>

No.	Participant	College	No.	Participant	College
M04	SHE Long Hei	CENG	M44	Demidov Ilia	CENG
M08	Rong Jiangjin	CB	M46	Heng Su	SCM
M13	Li Ka Po	CB	M47	CHAN Cheuk Fung	CLASS
M16	Cheng Han	CLASS	M48	LUO Bowen	CENG
M19	WOO Shing Lok	CLASS	M64	NG Tsang Ling	JCC
M36	SHE Long Hei	CENG			

Event 17	<i>Student Men Pole Vault Trial</i>
Time	<i>11:15</i>

No.	Participant	College
M31	LAI Hin Yau	CB
M32	YAP Wing Sun	CB

Event 18	<i>Student Women Discus Finals</i>
Time	<i>11:15</i>

No.	Participant	College	No.	Participant	College
F04	Chan Ka Fu	CSCI	F10	Leung Yu Sze	CLASS
F05	Lam Hoi ling	CLASS	F31	Chan Wing Yiu Avian	CENG
F07	Wong Wing Nam	CB	F32	Chen Xinyi	CB
F09	Chan Ching Yin	CB	F34	Ho Hin Chi Hymns	CSCI

Event 19	<i>Student Men Triple Jump Finals</i>
Time	<i>11:15</i>

No.	Participant	College	No.	Participant	College
M10	Wu Yan Chai	CENG	M53	Heisenberg	SDSC
M35	LEUNG Kin Wang	CLASS	M67	He Jinzhixin	CB
M42	LAU Chun Hei	CENG			

Event 20	<i>Children Aged 10-12 60M (Boys) Trial</i>
Time	<i>11:20</i>

No.	Participant	College
C03	Cheng Yu Hei	Other
C05	Chan Yat Long	CLASS

Event 20	<i>Children Aged 10-12 60M (Girls) Trial</i>
Time	<i>11:20</i>

No.	Participant	College
C02	CHAN Yat Ching	CLASS
C08	Lo Zoe Shu-Yin	CSCI

Event 21	<i>Children Aged 7-9 60M (Mixed) Finals</i>
Time	<i>11:25</i>

No.	Participant	College	No.	Participant	College
C01	Shen Evan Sing Kiu	CLASS	C06	LAU Davinae Wai Lam	Other
C04	Cheng Yu Tung	Other	C07	LI Pak Kiu	Other

Event 22	<i>Children Aged 4-6 60M (Mixed) Trial</i>
Time	<i>11:30</i>

No.	Participant	College
C09	Wong Yan Pok	Other
C10	Wong Yan Hoi	Other

Event 23	<i>Prize Presentation on Children Events</i>
Time	<i>11:45</i>

Event 24	<i>Student Women 100M Hurdles</i>
	<i>Cancelled</i>

Event 25	<i>Student Men 110M Hurdles Finals</i>
Time	<i>11:45</i>

No.	Participant	College	No.	Participant	College
M09	Chen Xingyu	CSCI	M23	CHAK Ho Yan Timothy	SLW
M22	LAU Chun Hang	CLASS	M61	Yee Long Hei	SDSC

Event 26	<i>Student Women 1500M Finals</i>
Time	<i>11:55</i>

No.	Participant	College	No.	Participant	College
F12	Lau Ho Ching	JCC	F37	Cheung Ka Yin	CSCI
F20	Chen Yiqing	SLW	F39	Fung Yeuk Kei	CLASS
F26	LI Letu	CLASS			

Event 27	<i>Student Men Discus Finals</i>
Time	<i>12:00</i>

No.	Participant	College	No.	Participant	College
M27	LUK Ka Ming	CB	M51	Lam Ki Fung	CSCI
M34	WONG Tsz Ho	CLASS	M69	Surid Ahammad	JCC

Event 28	<i>Student Men 1500M Finals</i>
Time	<i>12:05</i>

No.	Participant	College	No.	Participant	College
M04	SHE Long Hei	CENG	M44	Demidov Ilia	CENG
M08	Rong Jiangjin	CB	M53	Heisenberg	SDSC
M41	Lo Chun Yin	CLASS	M56	Muhammad Asadohoo Abdali	SDSC
M42	LAU Chun Hei	CENG			

Event 29	<i>Student Women 200M Finals</i>
Time	<i>12:15</i>

No.	Participant	College	No.	Participant	College
F01	Kwok Hiu To	CB	F29	FENG RUIHAN	CENG
F06	Huang Luyan	SDSC	F33	Wong Wai Ching Valerie	CENG
F11	Wong Hiu To	CLASS	F35	Sylva Chioma Sheryl	CLASS
F21	Hanru Deng	SCM	F36	Carmen Portela Medraño	CSCI
F27	Chan Man Yi	CB			

Event 30	<i>Student Men 200M Finals</i>
Time	<i>12:20</i>

No.	Participant	College	No.	Participant	College
M02	Tai Marcus Pak Wai	CENG	M50	Cheng Tan Yeung Frenkie	CENG
M05	Shum Kai Ho	CENG	M54	LUO SHIJUN	CENG
M10	Wu Yan Chai	CENG	M55	BAO Wenhan	CENG
M15	ZUO Haitong	SDSC	M59	Jacob Powell	CLASS
M20	XIA Chengxuan	CENG	M62	Tsoi Kam Fu	CB
M25	LAU Tsun San	CB	M65	Chan Cheuk Hei	CB
M29	CHENG Eden	CENG	M66	CHEN Yiming	CLASS
M49	Ko Long Ching	CB	M70	Chan Wan	CSCI

Event 31	<i>Women 4 x 100M Student Relay Finals</i>
Time	<i>12:30</i>

No.	Team
R04	Path to inclusion 2.0
<i>Welcome for Walk-in Enrollment!!</i>	
<i>Deadline of Entry: 11:00, 20 Oct 2024</i>	

Event 32	<i>Men 4 x 100M Student Relay Finals</i>
Time	<i>12:40</i>

No.	Team
R01	Angry bird
R02	Path to Inclusion
R03	Ball Ball U

Event 33	<i>Women 4 X 100M Invitation Relay Finals</i>
Time	<i>12:50</i>

No.	School	No.	School
S04	The University of Hong Kong	S05	TWGHs Wong Fut Nam College
S07	Good Hope School	S08	Heep Yunn School

Event 34	<i>Men 4 X 100M Invitation Relay Finals</i>
Time	<i>13:00</i>

No.	School	No.	School
S01	City University of Hong Kong	S05	TWGHs Wong Fut Nam College
S02	Choi Hung Estate Catholic Secondary School	S06	Hong Kong Baptist University
S03	Diocesan Boys' School	S09	Ying Wa College
S04	The University of Hong Kong	S10	Wah Yan College, Hong Kong

Event 35	<i>Women 4 x 400M Student Relay</i>
	<i>Cancelled</i>

Event 36	<i>Men 4 x 400M Student Relay</i>
	<i>Cancelled</i>

Event 37	<i>Closing Ceremony</i>
Time	<i>13:15</i>

香港城市大學第三十一屆週年陸運會 2024
The 31st CityUHK Annual Athletic Meet 2024
賽程表 TIME TABLE

項目 Event	時間 Time	開始檢錄 Start of Marshal	結束檢錄 End of Marshal	男 Men		女 Women		初/決賽 Heats/Finals
				徑 Track	田 Field	徑 Track	田 Field	
1.	0930	0910	0920	400M HURDLES 欄				決賽 Finals
2.	0945	0910	0920				跳高 HIGH JUMP	決賽 Finals
3.	0945	0910	0920				鉛球 SHOT PUT	決賽 Finals
4.	0945	0910	0920				跳遠 LONG JUMP	決賽 Finals
5.	0945	0910	0920				標槍 JAVELIN	決賽 Finals
6.	0950	0930	0940	5000M 米#^ (Student, Staff & Alumni 學生, 職員及校友)				決賽 Finals
7.	1030	0955	1005		跳高 HIGH JUMP			決賽 Finals
8.	1030	0955	1005		鉛球 SHOT PUT^			決賽 Finals
9.	1030	0955	1005		跳遠 LONG JUMP*^			決賽 Finals
10.	1030	0955	1005		標槍 JAVELIN			決賽 Finals
11.	1035	1015	1025			100M 米		決賽 Finals
12.	1040	1020	1030	100M 米*				決賽 Finals
13.	1050	1030	1040			400M 米		決賽 Finals
14.	1055	1035	1045	400M 米				決賽 Finals
15.	1100	1040	1050			800M 米		決賽 Finals
16.	1110	1050	1100	800M 米^				決賽 Finals
17.	1115	1030	1040		撐竿跳高® POLE VAULT			測試 Trial
18.	1115	1040	1050				鐵餅 DISCUS	決賽 Finals
19.	1115	1040	1050		三級跳 TRIPLE JUMP			決賽 Finals
20.	1120	1100	1110	60 M 米 CHILDREN AGED 10 – 12®		60 M 米 CHILDREN AGED 10 – 12®		測試 Trial
21.	1125	1105	1115	60 M 米 CHILDREN AGED 7 – 9#				決賽 Finals
22.	1130	1110	1120	60 M 米 CHILDREN AGED 4 – 6#®				測試 Trial
23.	1145	N.A.		Prize Presentation on Children Events 兒童組頒獎禮				
24.	N.A.	N.A.	N.A.			100M HURDLES 欄		取消 Cancelled
25.	1145	1125	1135	110M HURDLES 欄				決賽 Finals
26.	1155	1135	1145			1500M 米		決賽 Finals
27.	1200	1125	1135		鐵餅 DISCUS			決賽 Finals
28.	1205	1145	1155	1500M 米				決賽 Finals
29.	1215	1155	1205			200M 米		決賽 Finals
30.	1220	1200	1210	200M 米				決賽 Finals
31.	1230	1210	1220			4 X 100M 接力 (學生組) 4 X 100M RELAY (STUDENT)		決賽 Finals
32.	1240	1220	1230	4 X 100M 接力 (學生組) 4 X 100M RELAY (STUDENT)				決賽 Finals
33.	1250	1230	1240			4 X 100M 友校接力 (公開) 4 X 100M Invitation RELAY (Open)		決賽 Finals
34.	1300	1240	1250	4 X 100M 友校接力 (公開) 4 X 100M Invitation RELAY (Open)				決賽 Finals
35.	N.A.	N.A.	N.A.			4 X 400M 接力 (學生組)^ 4 X 400M RELAY (STUDENT)^		取消 Cancelled
36.	N.A.	N.A.	N.A.	4 X 400M 接力 (學生組)^ 4 X 400M RELAY (STUDENT)^				取消 Cancelled
37.	1315	N.A.		閉幕禮 CLOSING CEREMONY				

男子組及女子組之比賽均同時進行，但成績將分別計算。Men & women events will be held at the same time, prizes will be awarded separately.

* 學生組及教職員或校友之比賽均同時進行，但成績將分別計算。Students & Staff events will be held at the same time, prizes will be awarded separately.

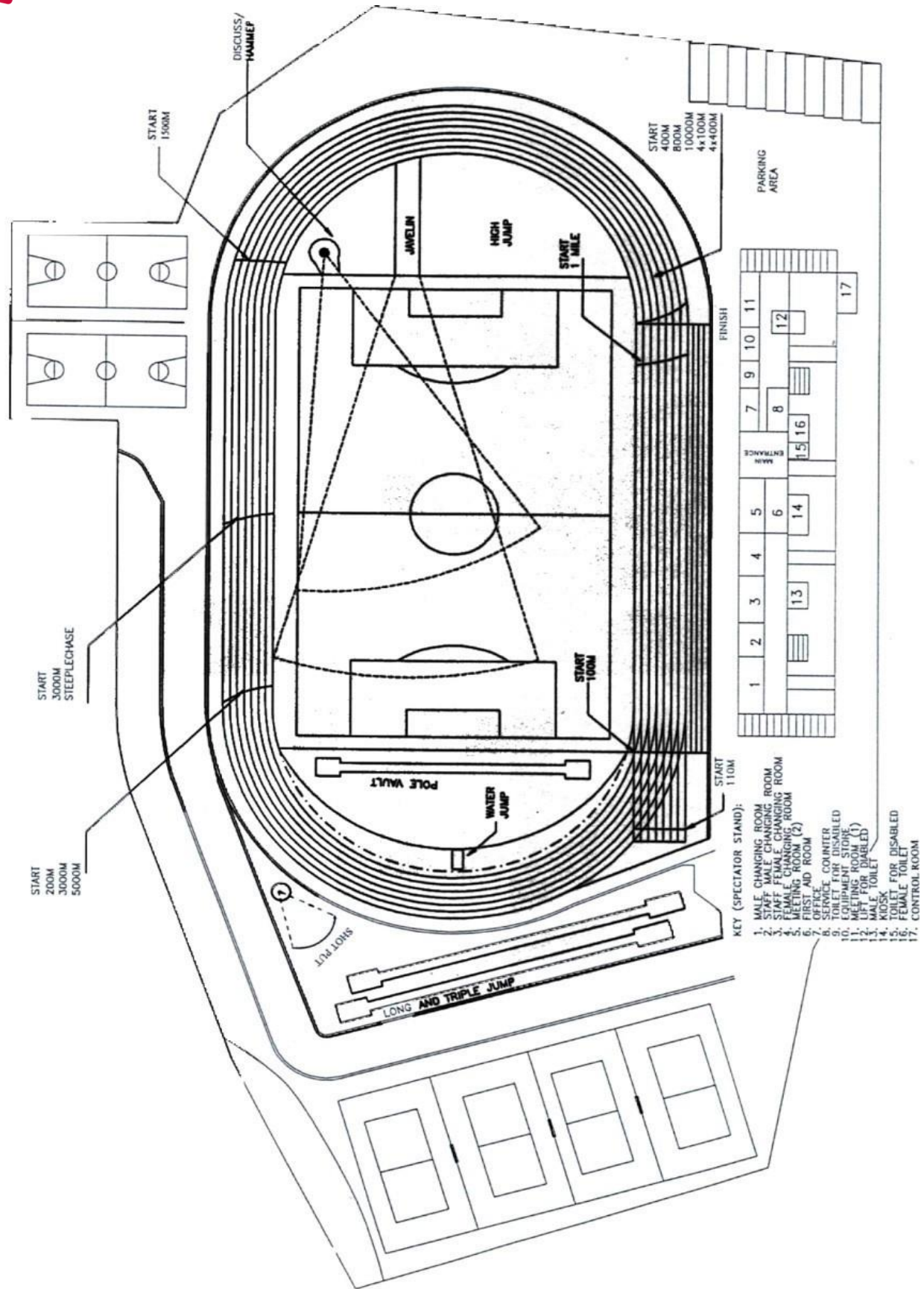
® 測試項目設有獎牌但積分不用作計算全場個人總冠軍。Trial events with prizes but no point will be added to the calculation of individual championship.

^ 取消項目 Cancelled Events: Student Women 100M Hurdles, Staff Men 800M, Staff Men 5000M, Staff Men Long Jump, Staff Men Shot Put, Student Men's 4 x 400M, Student Women's 4 x 400M.

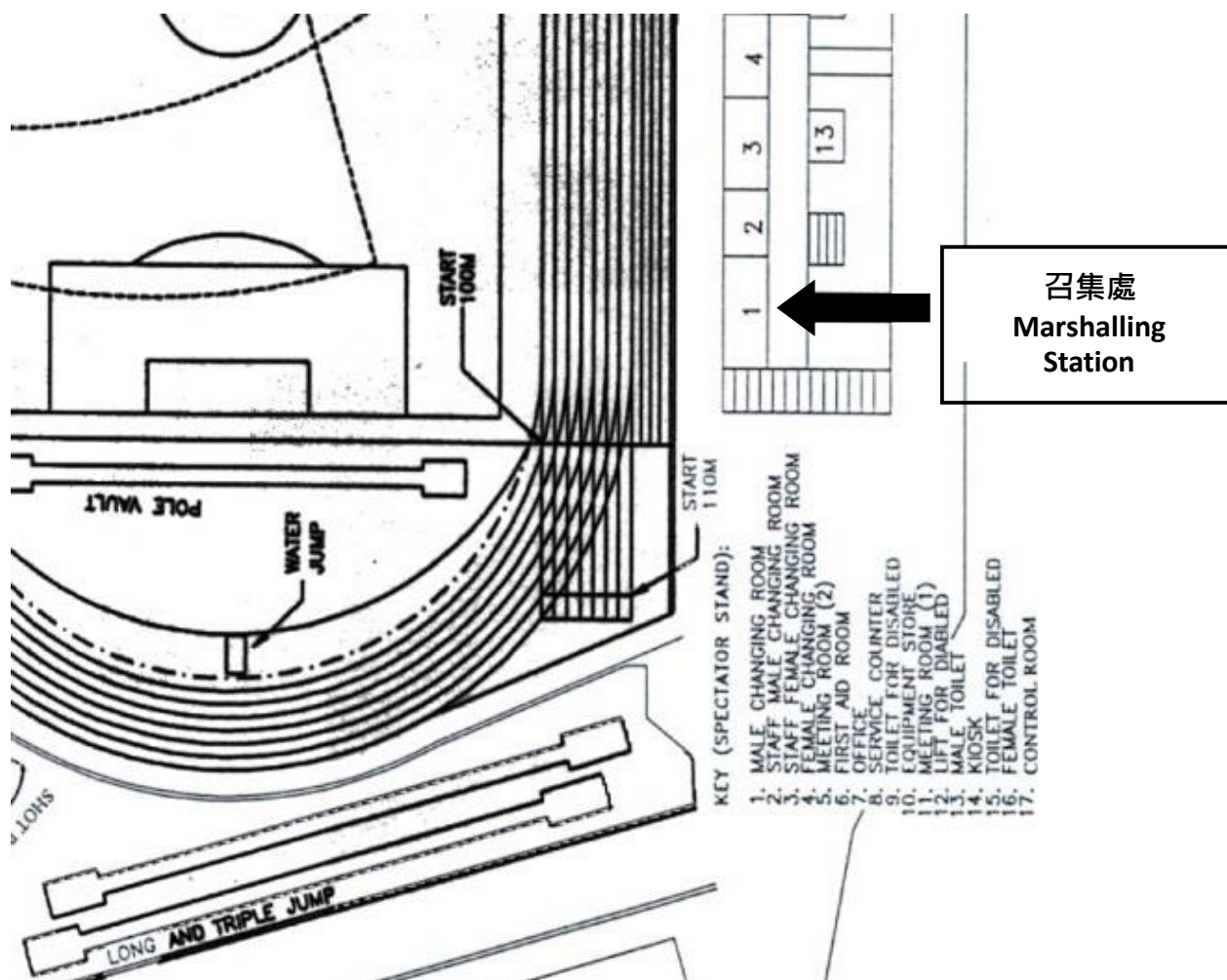
Regulations of Using Joint Sports Centre

1. Designated field event areas are for the athletes and judges only.
2. Except the gummed paper provided by the organizer, athletes are not permitted to make check-marks or place objects on the lane or facilities.
3. All participants are not allowed to stay on the track or in the field during break.
4. Only spiked track shoes with 7mm spikes and plastic sports shoes are allowed.
5. No food and drinks in competition area.
6. Smoking is strictly prohibited in Joint Sports Centre.

JOINT SPORTS CENTRE



Marshalling Procedure



Athletes (both Track and Field events) **MUST** report to the Marshalling Station within the Reporting time.

Athletes who fail reporting to the Marshalling Station within the reporting time shall be disqualified from the event. Marshalling Station is located at the left of the Spectator Stand above the 100M starting line.

Acknowledgement

1. Guest of Honour – Associate Provost (Student Life) Prof. Dannii YEUNG
2. Guest of Honour – Director of SDS Prof. TOH Kian Lam
3. Advisor – Associate Director of SDS (PE) Mr. Sunny CHAU
4. Cultural and Sports Committee
5. Joint Sports Centre
6. Officials and Students Helpers



香港城市大學
City University of Hong Kong

CityUHK Annual Athletic Meet

31st



第三十一屆 香港城市大學 周年陸運會

主辦單位
Organised by
PE/SDS
學生發展處
體育部

比賽日期
Competition Date

2024

10.20

截止報名日期
Deadline of Entry

10.04

12:00 noon

SUNDAY 星期日

九龍聯福道聯校運動中心
Joint Sports Centre,
Renfrew Rd, Kowloon.



立即 ENROLL
報名 NOW



招募學生助理
及工作人員
Recruitment of
Student helpers &
Officials

For information and details:



Enquiries:
PE Section
3442 8025
sope@cityu.edu.hk

Supported by Cultural and Sports Committee



香港城市大學
City University of Hong Kong

CityUHK Annual Athletic Meet

31st

第三十一屆

香港城市大學 周年陸運會



主辦單位
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12:00 noon

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立即 ENROLL
報名 NOW



招募學生助理
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