

Student Development Services Physical Education Section

Application for Using Physical Fitness Room

1. Taking Courses Conducted by the PE Section, CityU

- **1.1.** Successfully completed the PED1305 Physical Fitness-Elementary Course (PE Courses that registered through AIMS during Add/Drop period) for all **Full-time Students**
- 1.2. Successfully completed the Physical Fitness Room User Training Workshops (registered by email or fax after the course announcement by CAP) for all Part-time Students, Full-time Staff, Spouse and Dependents

2. Direct Application for the Eligibility of Using the Physical Fitness Room:

- **2.1.** Successfully completed the Physical Fitness Room Induction Course provided by LCSD with proof*
- **2.2.** Successfully completed the Physical Fitness Course provided by other local and non-local Colleges / Universities with proof*
- **2.3.** Present a true/certified true copy of the valid document of being a qualified user of the Physical Fitness Room in their physical fitness clubs
- 2.4. Qualified Personal Trainer with valid certificate

*Types of valid proof and evidence

- Letter/Certificate (with the name and address of the universities/colleges/gym which is signed by an authorized person-in-charge and with the official chop on it, and all the information as specified in the below standard letter sample) together with the website of the issuing bodies (with url address indicated) showing the physical fitness induction/training course attended for the using of the gym equipment
- Academic transcript or any written document showing the physical fitness course attended in respective colleges/universities

Remarks:

- 1. Application can only be made in-person with the both **original copy and photocopy** of the valid CityU ID Card together with the **both true/ certified true copy and photocopy** of the valid document listed above at the General Office of PE Section, 6/F, Block 1, To Yuen Building.
- 2. Booking of the Room can be made within **3 working days** after the submission of Application Form with all proven document.

Sample of Proven Letter

