

**The 31<sup>st</sup> CityU Annual Athletic Meet 2024**  
**Competition Guidelines for Staff Division**

**1. Date, Time and Venue**

Date	Time	Venue
20 <sup>th</sup> October 2024 (Sunday)	0900 - 1400	Joint Sports Centre, Renfrew Road

**2. Events**

	Track Events	Field Events
Men	100M, 800M, 5000M	Long Jump, Shot Put
Women		-
Children (4-6 Years Old)	60M	
Children (7-9 Years Old)	60M	
Children (10-12 Years Old)	60M (Boys)	
Children (10-12 Years Old)	60M (Girls)	

**3. Rules & Regulations**

- 3.1 Only full-time staff and their dependents are eligible to participate in the individual events and in the children's events respectively.
- 3.2 Each fulltime staff may take part in a maximum of 3 individual events (either 2 tracks & 1 field event or 2 fields & 1 track event).
- 3.3 Individual events with less than three enrolments will be cancelled.
- 3.4 Participants of the 5000m event should finish the race within 30 minutes, except 25 minutes for men's students, or else are invited to leave the track.
- 3.5 Unless specified otherwise, all events are subject to the latest "IAAF" rules & regulations.
- 3.6 No participant shall be allowed to participate in the event if he/she fails to present his/her CityU Staff / Dependent ID.card for verification.
- 3.7 The Organising Committee reserves the right to adjust the rules & regulations if and when necessary.
- 3.8 Participants take part in the Meet at their own risk, CityU and P.E. Section will bear no responsibility or liability whatsoever for any accident.

**4. Awards**

Medals will be presented to the best 3 participants.

**5. Registration, Event Schedule & Deadline**

- 5.1 Registration can be done Online: <https://cityuhk.questionpro.com/t/ARQn5Ztsqk>
- 5.2 The event booklet will be displayed at the Fitness Room Entrance, General Office of PE Section located at Flat B, 6/F., Block 1, To Yuen Building and on the CityU Athletic Meet Website. Participants are advised to check their entries and no notification will be sent to individual participant.
- 5.3 **Deadline for entry: 4<sup>th</sup> October 2024 (Friday)**

**6. Enquiries**

Please call 3442 8025, Physical Education Section; Mr. Vincent Kwan at 3442 8054, Mr. Matthew Yip at 3442 7290 for enquiries.