

# EIM Expo 2022

## HEALTH SEMINAR 健康講座



# The Latest Trends in Healthy Diet 健康飲食新趨勢

**Date 日期** : 13 Jan 2022 (Thu) 二零二二年一月十三日 (星期四)  
**Time 時間** : 1:00pm-1:50pm (Q&A session included 包括問答環節)

**Delivery Mode 講座模式** : Online Seminar Via Zoom 網上講座  
<https://cityu.zoom.us/j/91628865223>

Zoom 網上講座  
QR Code



**Speaker 講者** : Ms. Au Nga Shan, Tracy 區雅珊小姐  
(Accredited Practising Dietitian 註冊營養師)

**Medium 語言** : Conducted in Cantonese with English PowerPoint Presentation  
粵語講座, 英語講義

**Enquiries 查詢** : YCY Health Centre (Medical Clinic) at 3442 6066 for details  
詳情請致電楊仲儀保健中心 (西醫診所) 3442 6066 查詢

Organised by PE, Student Development Services

Co-organised by YCY Health Centre (Medical Clinic)

For more information of PE Section:  
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<https://www.cityu.edu.hk/sds/web/pesports.shtml>