

City University of Hong Kong

**Information on a Course
offered by Department of Applied Social Sciences
with effect from Summer 2014**

Part I

| | |
|------------------------|---|
| Course Title: | Practicum Related Workshops III and IV |
| Course Code: | SS6218 |
| Course Duration: | <ul style="list-style-type: none">✧ 20 hours of practicum related workshop III (1 session of pre-placement workshop, 4 sessions of mental health first aid training and 1 session of knowledge and skills consolidation)✧ 20 hours of practicum related workshop IV (3 sessions of sharing and reflection during Fieldwork II and 3 sessions of post-placement evaluation and consolidation and 1 session of future and career planning) |
| No. of Credit Units: | 0 |
| Level: | P6 |
| Medium of Instruction: | English, supplemented by Cantonese / Putonghua (Remark 1) |
| Medium of Assessment: | English |
| Prerequisites: | <ul style="list-style-type: none">✧ SS6291 Fieldwork I and✧ SS6217 Practicum Related Workshops I and II |
| Precursors: | Nil |
| Equivalent Courses: | Nil |
| Exclusive Courses: | Nil |

Remark

1. English, supplemented by Cantonese / Putonghua in live demonstration, skills rehearsal, and role-play exercises as situation requires.

Part II

1. Course Aims

This course aims to enable students to have better preparation and consolidation of knowledge and experience gained in the 2nd field practice and make constructive use of the experience to plan their future development in the profession. Through this course, students should:

- 1.1 acquire basic knowledge and skills in conducting mental health assessment and counselling;
- 1.2 review and consolidate social and human sciences knowledge learned and practice wisdoms gained to guide their 2nd field practice in social welfare organizations;
- 1.3 gain support from fellow practitioner-trainees through regular reflection and sharing of their practice experience in the 2nd field practice;
- 1.4 have an overall and thorough review and reflection on the knowledge and practice wisdoms gained which may guide his/her future career development and devotion to the profession.

2. Course Intended Learning Outcomes (CILOs)

Upon successful completion of this course, students should be able to:

| No. | CILOs | Weighting (if applicable) |
|-----|---|---------------------------|
| 1. | Conduct brief assessment on the mental state and suicidal tendency of clients and engage them for further treatment. | 20% |
| 2. | Integrate social and human sciences knowledge, practice wisdoms and knowledge gained in mental health to field practice. | 30% |
| 3. | Make use of the constructive feedback and sharing from fellow practitioner-trainees to support and polish their 2 nd field practice. | 30% |
| 4. | Gain insights to his/her professional commitment and devotion to the profession. | 10% |
| 5. | Make clear of his/her interests and expertise in the profession and develop an initial plan for his/her future career development. | 10% |

The Social Workers Registration Board requires the Programme to provide a minimum of 800 hours of practicum and additional 100 hours of teaching and learning activities related to practicum. Practicum related workshops III & IV are designed to meet the requirement partially. Workshop III includes 1 session of pre-placement workshop, 4 sessions of mental health first aid training and 1 session of knowledge and skills consolidation. Workshop IV includes 3 sessions of sharing and reflection during Fieldwork II and 3 sessions of post-placement evaluation and consolidation and 1 session of future and career planning.

3. Teaching and learning Activities (TLAs)

(Indicative of likely activities and tasks designed to facilitate students' achievement of the CILOs. Final details will be provided to students in their first week of attendance in this course)

| CILO No. | TLA1 | TLA2 | TLA3 | TLA4 | Hours/course (if applicable) |
|----------|------|------|------|------|------------------------------|
| CILO 1 | | √ | | | |
| CILO 2 | √ | √ | | | |
| CILO 3 | | | √ | | |
| CILO 4 | | | √ | √ | |
| CILO 5 | | | √ | √ | |

TLA1: Pre-placement workshop

One session of pre-placement workshop will be arranged to prepare students to (1) familiarize with the service setting where he/she will be placed in field practice, and (2) consolidate their practice experience and wisdoms to the 2nd field practice.

TLA2: Mental health first aid training

Four sessions of mental health first aid training will be arranged to help students (1) acquire relevant knowledge in different types of mental disorders including its causes, symptoms and effects, (2) acquire the skills in conducting assessment and intervention into the disorders.

TLA3: Sharing and reflection

Three sessions of sharing and reflection will be arranged as support for students in the process of Fieldwork II. This arrangement can help students have regular support and sharing of their practice experiences among fellow practitioner-trainees.

TLA4: Post-placement evaluation and future career planning

Three post-placement evaluation and consolidation sessions and one career planning session will be arranged to help students (1) evaluate and consolidate the practice wisdoms and experience gained through field practice, (2) make clear of their interests and expertise in the profession, and (3) build up their professional commitment and devotion to take social work as their life long career.

4. Assessment Tasks/Activities

(Indicative of likely activities and tasks designed to assess how well the students achieve the CILOs. Final details will be provided to students in their first week of attendance in this course)

| CILO No. | Type of Assessment Tasks/Activities | Weighting (if applicable) | Remarks |
|----------|---|---------------------------|---------|
| CILO 1-5 | AT1: Participation and Attendance in Practicum Related Workshop III | 25% | |
| CILO 1-5 | AT2: Reflection Paper in Practicum Related Workshop III | 25% | |
| CILO 3-5 | AT3: Participation and Attendance in Practicum Related Workshop IV | 25% | |
| CILO 3-5 | AT4: Reflection Paper in Practicum Related Workshop IV | 25% | |

AT1: Participation and Attendance in Practicum Related Workshop III

To fulfil the registration requirements set by the Social Workers Registration Board, 100% attendance is required. Students are expected to have active and constructive participation in the discussion and sharing of the workshop

AT2: Reflection Paper in Practicum Related Workshop III

At the end of practicum related workshop III, each student is required to submit a reflection paper with not more than 1,500 words in making use of the mental health knowledge learned (1) to review and assess one client's (selected in Fieldwork I) mental health situation, or (2) to review and assess their own mental health status.

AT3: Participation and Attendance in Practicum Related Workshop IV

To fulfil the registration requirements set by the Social Workers Registration Board, 100% attendance is required. Students are expected to have active and constructive participation in the discussion and sharing of the workshop.

AT4: Reflection Paper in Practicum Related Workshop IV

At the end of practicum related workshop IV, each student is required to submit a reflection paper with not more than 1,500 words to have an overall review and reflection on their personal and professional growth through two fieldwork practicum. In the paper, students are also encouraged to review the extent to which this MSW programme can help them commit to the profession and take social work as a long term career.

5. Grading of Student Achievement:

Refer to Grading of Courses in the Academic Regulations for Taught Postgraduate Degrees.

| Pass / Fail | Grading Criteria |
|--------------------|---|
| Pass | Students can: <ol style="list-style-type: none">1. Join the workshops with full attendance and active participation.2. Master mental health first aid knowledge, assessment and intervention skills satisfactorily.3. Write the reflection papers for Workshops III and IV with critical and analytical thinking.4. Reflect and review their practice experience critically in Workshop IV. |
| Fail | Students perform poorly with: <ol style="list-style-type: none">1. Absence to session(s) of the workshops.2. Full attendance with passive and unsatisfactory involvement in the workshops.3. Unsatisfactory mastering of mental health first aid knowledge, assessment and intervention skills.4. Little evidence of critical and analytical thinking in writing up the reflection papers for Workshops III and IV.5. Insufficient sharing, unsatisfactory attitudes and little evidence of critical thinking in Workshop IV. |

To fulfil the requirement set by the Social Workers Registration Board, 100% attendance and pass the workshops are necessary.

Part III

1. Keyword Syllabus

1.1 Pre-placement workshop

- ✧ Brief students on the service settings where they will be placed.
- ✧ Clarify clearly with students on the requirements and administrative arrangements of Fieldwork II.

1.2 Mental health first aid training

- ✧ Brief students on the mental health related issues and problems in global and Hong Kong society.
- ✧ Let students have basic knowledge in different mental disorders, its causes, symptoms and effects.
- ✧ Practice skills in conducting assessment, counselling and intervention with different types of mental disorders, e.g. depression, anxiety disorder and suicidal ideations.

1.3 Sharing and reflection among fellow practitioner-trainees

- ✧ Three sharing and reflection sessions are arranged as a means of support for students in the beginning, middle and ending stages of Fieldwork II. Through these sessions, students can get support and feedback from their fellow practitioner-trainees and the instructor to guide the further improvement of their field practice.

1.4 Post-placement evaluation and future career planning

- ✧ Help students evaluate and consolidate practice wisdoms and experience gained in field practice and make constructive use of the wisdoms and experience to develop their interests and expertise in the profession. To prepare students with commitment and devotion to the profession, they are also helped deliberate on their future career planning.

2. Recommended Reading

Essential Texts

Bogo, M. (2010). *Achieving competence in social work through field education*. London: University of Toronto Press Incorporated.

Corcoran, J. (2009). *Mental health in social work: a casebook on diagnosis and strengths-based assessment*. Boston, MA: Pearson/Allyn and Bacon.

Doel, M., Shardlow, S. M., & Johnson, P. G. (2011). *Contemporary field social work: Integrating field and classroom experience, thousand oaks*. Calif.: SAGE Publications.

Hepworth, D. H., Ronney, R. H., Larsen, J. A., Ronney, G. D. & Gottfried, K. S. (2013). *Direct social work practice: theory and skills*. Belmont, Calif.: Brooks/Cole,

Cengage Learning.

International Federation of Social Workers. (2012). *Statement of ethical principles*. Retrieved April 14, 2013 from <http://social-workers.info/>

Social Workers Registration Board. (2010). Guidelines on code of practice for registered social workers. Retrieved April 14, 2013 from http://www.swrb.org.hk/engasp/draft_cop_c.asp

Supplementary Texts

Birkenmaier, J & Berg-Weger, M. (2011). *The practice companion for social work: integrating class and field work*. Boston: Allyn & Bacon.

Dominelli, L. (2004). *Social work: theory and practice for a changing profession*. Malden, MA: Polity Press.

Fisher, C.B., & Hennessy, J. (1994). 'Ethical Issues'. In J.L. Ronch, V. Ornum, & N.C. Stilwell (Eds.). *The counselling source book: a practical reference on contemporary issues*. New York: Crossroad.

Fong, R., & Furnto, S. (Eds.) (2001). *Culturally competent practice: skills, interventions, and evaluation*. Boston: Allyn and Bacon.

Kwong, W. M., Lee, T. Y. & Chee, P. (Eds.) (2008). *Documenting practice in fieldwork: Examples, illustrations and feedback*. HK: Department of Applied Social Studies, City University of Hong Kong.

Kwong, W. M., & Lee, T. Y. (2007). *Making the best out of field practicum - field instruction manual*. HK: Department of Applied Social Studies, City University of Hong Kong.

Lee, T. Y., & Chan, R. (2005). *First level integration of theory with practice in fieldwork*. HK: Department of Applied Social Studies, City University of Hong Kong.

Lee, T. Y., Lo, J. Y. S. & Chow, E. O. W. (2008). *Writing reflection logs in social work practicum*. HK: Department of Applied Social Studies, City University of Hong Kong.

Matiche-Maroney, J. (2013). *E-field program: a competency-based program for the social work practicum*. Upper Saddle River, N.J.: Pearson Education.

Napier, L. & Fook, J. (Eds.) (2000), *Breakthroughs in practice: theorising critical moments in social work*. London: Whiting & Birch Ltd.

Okon, J. (2008). *Understanding and using theory in social work*. Exeter: Learning Matters.

Pritchard, C. (2006). *Mental health social work: evidence-based practice*. London; New York: Routledge.

Sands, R. G. (2013). *Clinical social work practice in behavioural mental health: toward evidence-based practice*. Boston: Pearson Allyn & Bacon.

Social Welfare Department (2001). *English writing reference kit for social workers*. HK: Social Welfare Department.

Web Resources

Web Resource for Field Instruction

<http://www.cityu.edu.hk/ss/resources/bswfw/HOME.htm>

Practice Teaching, Learning & Research

<http://ssweb.cityu.edu.hk/facil-ptlr.asp>

Social Workers Registration Board

<http://www.swrb.org.hk/>

Social Work Resources - Ethics

<http://pages.prodigy.net/lizmitchell/volksware/ethics.htm>