City University of Hong Kong Course Syllabus

offered by Department of Social & Behavioural Sciences with effect from Semester A 2024/25

Part I Course Overview

Course Title:	Social Sciences Theories for Social Work
Course Code:	SS5115
Course Duration:	Pre-semester Workshop
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Credit Units:	0
Level:	Р5
	15
Medium of Instruction:	English
Medium of Assessment:	English
Prerequisites:	
(Course Code and Title)	Nil
Precursors:	
(Course Code and Title)	Nil
Equivalent Courses:	NT1
(Course Code and Title)	Nil
Exclusive Courses : <i>(Course Code and Title)</i>	Nil
(Course Coue una Ille)	111

1. Abstract

This course aims to introduce the foundational knowledge in social sciences for social work. Selected social sciences perspectives such as relational theory, attachment theory, theories of psychosocial development, social psychological theories, theories of abnormal psychological development, conflict theory, structural theories, feminist perspective, and post-modern perspectives will be taught and used for analysing social problems such as adolescent drug abuse, family violence, mental illness; and human predicaments such as death and dying, traumas, aggression and violence. Similarities and differences of selected perspectives will be highlighted, and the importance of a multi-dimensional understanding of and strategies in dealing with social problems and human predicaments will also be stressed.

This is a supplementary course and is designed to help students who have little to no knowledge of social sciences to get familiarized with fundamental theories and concepts in selected disciplines in social sciences. The course is run in an intensive mode and is to be completed within the first four weeks of the semester, including weekends.

Students who (1) are non-social sciences graduates, or (2) have taken either psychology or sociology but not the other, are required to complete this course. Students who have knowledge of basic psychology (i.e. Sessions 3-6) or sociology (Sessions 7-9) would only need to take the relevant sessions that they have not taken in their previous studies.

2. Course Intended Learning Outcomes (CILOs)

(CILOs state what the student is expected to be able to do at the end of the course according to a given standard of performance.)

No.	CILOs	Weighting (if	Discov	very-en ilum re	
		applicable)		ig outco	
		upplicuoie)		e tick	
			approp		where
			Al	A2	A3
1.	Identify the theoretical underpinnings of major social				
	science perspectives for understanding social problems				
	and human predicaments;	25%	\checkmark	\checkmark	
2.	Apply the theories to critically analysing social				
	problems and human predicaments;	25%	\checkmark	\checkmark	\checkmark
3.	Examine critically the strengths and weaknesses of				
	different social science theories for the understanding				
	of social problems and human predicaments; and	25%		\checkmark	\checkmark
4.	Appreciate the multi-dimensional nature of				
	understanding and solving social problems and human				
	predicaments.	25%	\checkmark	\checkmark	\checkmark
		100%			

A1: Attitude

A2:

Develop an attitude of discovery/innovation/creativity, as demonstrated by students possessing a strong sense of curiosity, asking questions actively, challenging assumptions or engaging in inquiry together with teachers.

Ability Develop the ability/skill needed to discover/innovate/create, as demonstrated by students possessing critical thinking skills to assess ideas, acquiring research skills, synthesizing knowledge across disciplines or applying academic knowledge to self-life problems.

A3: Accomplishments Demonstrate accompl

Demonstrate accomplishment of discovery/innovation/creativity through producing /constructing creative works/new artefacts, effective solutions to real-life problems or new processes.

3.

Learning and Teaching Activities (LTAs) (LTAs designed to facilitate students' achievement of the CILOs.)

LTA	Brief Description		CILO No.				Hours/week
	-	1	2	3	4		(if applicable)
LTA1: Lecture	Lectures are used to introduce the concepts of respective social science theories and perspectives and its application to social situations and problems. Evaluation of the strengths and weaknesses of respective social science theories and perspectives will be carried out in the lectures	V	V		V		
LTA2: Video Illustration	In order to stimulate students' understanding and application of learnt social science theories and perspectives to real-life situations and human predicaments, audio visual materials will be used to reach the said effects, in which documentaries, television series and related case and news reports are adopted to enhance students' learning.		\checkmark	V	\checkmark		
LTA3: Group Discussion	Students will be divided into groups in the second part of the lecture to discuss the learnt social science theories and perspectives in that lecture through related topics and questions provided, which aims to enhance their usage and application of the core elements of the social science theories and perspectives learnt.	V		V	V		
LTA4: Student Presentation	Student presentations allow students to form groups to present a topic that will have them apply a chosen theor(ies) to a specific social problem and issue as a theoretical framework to interpret that social problem and issue and act as the conceptual underpinnings for how to solve the social problem and issue in the chosen topic.	\checkmark	V	V	V		

4. Assessment Tasks/Activities (ATs) (ATs are designed to assess how well the students achieve the CILOs.)

Assessment Tasks/Activities	CI 1	$\frac{10}{2}$	No. 3	4		Weighting	Remarks
Continuous Assessment: %			_		II		
AT1: Class participation				\checkmark		10%	
Although this is a non-credit bearing as well as pass and fail course, for best enhancing students' sense in social sciences in order to better prepare their future learning in the social work program and practices after graduation, students are strongly encouraged to							
actively participate in the activities and							
discussion of the course.	,	,	,	,			
AT2: Group Presentation			\checkmark			20%	
In the final session (session 10), students are required to form a 4/5-person learning group and select at least one theory/ perspective, or more than one for comparative purpose, to analyze a social problem/ issue/ phenomenon. Students should give background and significance of the selected social problem/ issue/ phenomenon, how the theory(ies)/ perspective(s) are related to it, and also need to elucidate the selected topic theoretically in terms of its etiology, causes, and contents, as well as consequences and solutions if applicable. Example social problems/ issues/ phenomena include individual-level ones, e.g. mental and behavioral problems, homelessness, alcohol and drugs use, sex orientation; family-level ones, e.g. divorce, single-parent family, family violence, the working poor; and societal-level ones, e.g. educational system, social discrimination and inequality, as well as cross-level ones, e.g. racism and problems of minority/ ethnicity, crime and delinquency. In fact, the above-mentioned categorization is just a frame of reference, in reality a social problem/ issue/ phenomenon is far more from clear-cut, so as you are encouraged to use a multi-dimensional approach to analyze a selected social problem/ issue/ phenomenon in a comparative sense. Each group should have 20 minutes to do their presentation,							

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and after the presentation there is a 10-							
minute Q & A time for the audience							
students to raise their questions for the							
presented contents. The presentation							
contents should be used as the base for							
the individual term paper.							
AT3: Individual term paper						70%	
At the end of the course, students need to							
write and submit a term paper in around							
1500 words. As mentioned forehand,							
each student should select a social							
problem/ issue/ phenomenon as the							
discussion in the paper, and apply							
learned theory(ies)/ perspective(s) to							
analyze it adequately and theoretically,							
or even comparatively, which means							
students need to employ the social							
science theory(ies)/perspective(s) to							
expound the nature and contents of the							
selected problem/ issue/ phenomenon.							
The student should give rationale why							
he/ she selects this topic, how it is related							
to social work profession, and what is the							
background and nature about this social							
problem/ issue/ phenomenon, as well as							
what are the relationships between the							
selected topic and relevant theory(ies)/							
perspective(s). In addition, solutions and							
recommendations for tackling the							
problem/ issue/ phenomenon are							
encouraged							
Examination: % (duration: , if appli	cabl	e)					
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5. Assessment Rubrics

(Grading of student achievements is based on student performance in assessment tasks/activities with the following rubrics.)

Applicable to students admitted before Semester A 2022/23 and in Semester A 2024/25 & thereafter

Assessment Task	Criterion	Pass (P)	Failure (F)
1. Class participation (10%)	1. capacity for showing active participation in class discussion and idea exchange regarding the application of social science theories in the societal settings	Show active and constructive participation in class discussion and idea exchange	Show inactive or low participation in class discussion and idea exchange
2.Group Presentation (20%)	 2.1 capacity of showing understanding of the core elements of social science theories selected for a social issue or topic 2.2 capacity of showing the application of the social science theories selected in the social issue or topic 2.3 capacity of using a critical view to evaluate the social science theories selected regarding its strengths and weaknesses in relation to the social issue or topic 	Show capability of understanding the social science theories selected for application in a social issue or topic, and can present the contents clearly and logically	Lack capability of understanding the social science theories selected for application in a social issue or topic, and can present the contents clearly and logically
3. Individual term paper (70%)	 3.1 capacity of showing understanding of the core elements of social science theories selected for a social issue or topic 3.2 capacity of showing the application of the social science theories selected in the social issue or topic 3.3 capacity of using a critical view to evaluate the social science theories selected regarding its strengths and weaknesses in relation to the social issue or topic 3.4 capacity of knowing how the application of social science theories to help the social work profession in doing judgement, orientations, service delivery, and practices 	Show capability of using and the selected social science theories to interpret and analyze a social issue or topic, and see how these selected theories that can enhance the social work profession, as well as be able to realize the strengths and weaknesses of the selected theories	Lack capability of using and the selected social science theories to interpret and analyze a social issue or topic, and see how these selected theories that can enhance the social work profession, as well as be able to realize the strengths and weaknesses of the selected theories

Applicable to students admitted from Semester A 2022/23 to Summer Term 2024

Assessment Task	Criterion	Pass (P)	Failure (F)
1. Class participation	1. capacity for showing active participation in class discussion and idea exchange regarding the application of social science theories in the societal settings.	Show active and constructive participation in class discussion and idea exchange	Show inactive or low participation in class discussion and idea exchange
2.Group Presentation	 2.1 capacity of showing understanding of the core elements of social science theories selected for a social issue or topic 2.2 capacity of showing the application of the social science theories selected in the social issue or topic 2.3 capacity of using a critical view to evaluate the social science theories selected regarding its strengths and weaknesses in relation to the social issue or topic 	Show capability of understanding the social science theories selected for application in a social issue or topic, and can present the contents clearly and logically	Lack capability of understanding the social science theories selected for application in a social issue or topic, and can present the contents clearly and logically
3. Individual term paper	 3.1 capacity of showing understanding of the core elements of social science theories selected for a social issue or topic 3.2 capacity of showing the application of the social science theories selected in the social issue or topic 3.3 capacity of using a critical view to evaluate the social science theories selected regarding its strengths and weaknesses in relation to the social issue or topic 3.4 capacity of knowing how the application of social science theories to help the social work profession in doing judgement, orientations, service delivery, and practices 	Show capability of using and the selected social science theories to interpret and analyze a social issue or topic, and see how these selected theories that can enhance the social work profession, as well as be able to realize the strengths and weaknesses of the selected theories	Lack capability of using and the selected social science theories to interpret and analyze a social issue or topic, and see how these selected theories that can enhance the social work profession, as well as be able to realize the strengths and weaknesses of the selected theories

Part III Other Information (more details can be provided separately in the teaching plan)

1. Keyword Syllabus

(An indication of the key topics of the course.)

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Session 1	Social Sciences theories (I): The nature of social sciences and its reasoning
	and lens on understanding of social phenomenon/ problems; Systems theory
Session 2	Social Sciences theories (II): Family dynamics and functions, Problems in
	contemporary families, and its theories and perspectives
Session 3	Psychological theories (I & II): What is psychology? Psychology as science;
	Basic psychological perspectives: Psychoanalytic/ psychodynamic and
	humanistic approaches; behavioural and cognitive approaches, including
	learning, memory, language and thought, and cognitive development
Session 4	Psychological theories (III): Theories/ perspectives related to social
	psychology: socialization, group formation and conflicts, aggression and
	violence, prejudice
Session 5	Psychological theories (IV): Theories/ perspectives related to abnormal
	psychology: anxiety disorders, mood disorders, substance-related disorders,
	childhood disorders
Session 6	Applying psychological theories/ perspectives to social problems and human
	predicaments
Session 7	Sociological theories (I): What is sociology? Structural-functionalism
	approach and symbolic interactionism
Session 8	Sociological theories (II): Conflict Theory; Social constructionism
Session 9	Sociological theories (III): Multi-culture and diversity; social class and social
	stratification
Session 10	Towards a multi-dimensional perspective in understanding social problems
	and human predicaments

2. Reading List

2.1 Compulsory Readings

(Compulsory readings can include books, book chapters, or journal/magazine articles. There are also collections of ebooks, e-journals available from the CityU Library.)

Session	Dale, O. et al. (2009). Human behavior and the social environment: Social systems
	theory. Boston: Pearson Education. Chapter 3: Social systems theory: General
	features.
	Perry, J. A., & Perry, E. K. (2016) (14th Edition). Contemporary society: An
	introduction to social science. Boston: Pearson Education. Chapter 1: Through the
	lens of science
Session	Dale, O. et al. (2009). Human behavior and the social environment: Social systems
2	theory. Boston: Pearson Education. Chapter 9: The family as a system of roles.
	Saxbe D. E. et al. (2013). Understanding conflicts in families: Theoretical frameworks
	and future directions. In Mark A. Fine and Frank D. Fincham (Eds), Handbook of

	family theories: A content-based approach (pp. 169-189, chapter 10). New York:
	Routledge.
Session	Comer R. et al. (2013). Psychology. West Sussex, UK: Wiley. Chapter 1:
3	Psychology: Yesterday and Today; Chapter 2: Psychology as a science.
Session	Crisp, R. J. et al. (2010). Essential social psychology. London: SAGE. Chapter 5:
4	Group processes; Chapter 7: Prejudice; Chapter 8: Intergroup relations; Chapter 9:
	Aggression.
Session	Barlow, D. H., & Durand, V. M. (2012). Abnormal Psychology: An Integrative
5	Approach. Belmont, CA: Wadsworth. Chapter 5: Anxiety disorders; Chapter 7: Mood
	disorders & suicide; Chapter 11: Substance-related and impulse-control disorders.
Session	Ransome, P. R. (2010). Social theory for beginners: Bristol. Policy Press. Chapter 6:
6	Talcott Parsons, Functionalism and the social system; Chapter 7: Social
	interactionism and the real lives of social actors.
Session	Ransome, P. R. (2010). Social theory for beginners. Bristol. Policy Press. Chapter 4:
7	Karl Marx, capitalism and revolution; chapter 11: feminist social theory; chapter 13:
	theories of modernity and postmodernity.
Session	Ransome, P. R. (2010). Social theory for beginners. Bristol: Policy Press. Chapter 4:
8	Karl Marx, capitalism and revolution; chapter 11: feminist social theory; chapter 13:
	theories of modernity and postmodernity.
Session	Sundar, P. & Ly M. (2013). Multiculturalism. In M. Gray, and S A. Webb (Eds),
9	Social work theories and methods (chapter 10, pp. 126-136). Los Angles: SAGE.

2.2 Additional Readings

(Additional references for students to learn to expand their knowledge about the subject.)

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1.	Dolgon, C., & Baker, C. (2011). Social problems: A service learning approach.
	Thousand Oaks CA.: Sage. Chapter 1: Do we make the world or does the world makes
	us? Concepts and theories.
2.	Fiese B. H., & Hammons, A. (2013). Theories of family health: An integrative
	perspective and look towards the future. In Mark A. Fine and Frank D. Fincham (Eds),
	Handbook of family theories: A content-based approach (pp. 398-416, chapter 22).
	New York: Routledge.
3.	Glassman W. E. & Hadad M (2009). Approaches to psychology. London: McGraw-
	Hill. Chapter 3: The behaviorist approach; Chapter 4: The cognitive approach; Chapter
	5: The psychodynamic Approach; and Chapter 6: The humanistic approach.
	Greene, R. R. (1998). Human behavior theory and social work practice. New York:
	Aldine De Gruyter. Chapter 3: Classical psychoanalytical thought; Chapter 6:
	Cognitive theory for social work practice.
4.	Glassman W. E. & Hadad M (2009). Approaches to psychology. London: McGraw-
	Hill. Chapter 3: The behaviorist approach; Chapter 4: The cognitive approach; Chapter

	5: The psychodynamic Approach; and Chapter 6: The humanistic approach.
	Greene, R. R. (1998). Human behavior theory and social work practice. New York:
	Aldine De Gruyter. Chapter 3: Classical psychoanalytical thought; Chapter 6:
	Cognitive theory for social work practice.
5.	Michener, H. A. et al. (2004). Social psychology. Belmont, CA.: Wadsworth. Chapter
	3: Socialization; Chapter 6: Attitudes; Chapter 13: Group cohesion and conformity;
	Chapter 15: Intergroup conflict; Chapter 18: Deviant behavior and social reaction.
6.	Oltmanns, T. F., & Emery R. E. (2012). Abnormal psychology. Boston : Pearson.
	Chapter 16: Psychological disorders of childhood.
7.	Schaefer, R. T. (2010). Sociology. New York: McGraw-Hill. Chapter 1: Understanding
	sociology.
8.	Jones, P., Bradbury, L., & Boutillier, S. L. (2011). Introducing social theory.
	Cambridge, UK: Polity. Chapter 8: Postmodernity, Postmodernism and its Critics.
9.	Kerbo, H. R. (2007). Social stratification. In C. D. Bryant, and D. L. Peck (Eds), 21st
	Century sociology: A reference handbook (vol. 1, chapter 22, pp. 228-236). Thansand
	Oaks: SAGE.