

## Cytocompatibility, osseointegration, and bioactivity of three-dimensional porous and nanostructured network on polyetheretherketone

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### ABSTRACT

Porous biomaterials with the proper three-dimensional (3D) surface network can enhance biological functionalities especially in tissue engineering, but it has been difficult to accomplish this on an important biopolymer, polyetheretherketone (PEEK), due to its inherent chemical inertness. In this study, a 3D porous and nanostructured network with bio-functional groups is produced on PEEK by sulfonation and subsequent water immersion. Two kinds of sulfonation-treated PEEK (SPEEK) samples, SPEEK-W (water immersion and rinsing after sulfonation) and SPEEK-WA (SPEEK-W with further acetone rinsing) are prepared. The surface characteristics, *in vitro* cellular behavior, *in vivo* osseointegration, and apatite-forming ability are systematically investigated by X-ray photoelectron spectroscopy, Fourier-transform infrared spectroscopy, scanning electron microscopy, cell adhesion and cell proliferation assay, real-time RT-PCR analysis, micro-CT evaluation, push-out tests, and immersion tests. SPEEK-WA induces pre-osteoblast functions including initial cell adhesion, proliferation, and osteogenic differentiation *in vitro* as well as substantially enhanced osseointegration and bone-implant bonding strength *in vivo* and apatite-forming ability. Although SPEEK-W has a similar surface morphology and chemical composition as SPEEK-WA, its cytocompatibility is inferior due to residual sulfuric acid. Our results reveal that the pre-osteoblast functions, bone growth, and apatite formation on the SPEEK surfaces are affected by many factors, including positive effects introduced by the 3D porous structure and SO<sub>3</sub>H groups as well as negative ones due to the low pH environment. Surface functionalization broadens the use of PEEK in orthopedic implants.

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### 1. Introduction

Metallic biomaterials such as titanium alloys have been widely used in orthopedic implants due to their excellent corrosion resistance, high mechanical strength, as well as cytocompatibility [1]. However, there are concerns regarding potential metal ion

release and mismatched mechanical properties between the metals and human bones. In fact, serious post-operative complications such as osteolysis, allergenicity, and loosening as well as eventual implant failure may occur [2]. To overcome these limitations and minimize negative post-implantation biological reactions, substitutes for metals are extensively pursued. One of the promising alternative materials is polyetheretherketone (PEEK) which has good chemical resistance, radiolucency, and mechanical properties similar to those of human bones [3–8]. Besides, it can be repeatedly sterilized and shaped by machining and heat contouring to fit the shape of bones [9]. In spite of these excellent attributes, the chemical and biological inertness of PEEK tends to limit bone fixation [3] and consequently, there have been efforts to incorporate hydroxyapatite (HA) into PEEK or deposit an HA coating on PEEK to

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enhance bone-implant integration [10–15]. Nonetheless, the mechanical properties of the modified PEEK materials are compromised due to the poor physical bonding between PEEK and HA. Another strategy to improve the PEEK-bone interaction is to introduce porosity to PEEK. Based on the clinical outcome and histological evidence from retrieved implants, a porous surface can promote ingrowth of soft and hard tissue into the materials, thereby creating more biological anchorage to improve the stability of the implant [16]. Many techniques have hitherto been utilized to fabricate porous structures on metal surfaces, including machining, shotblasting, anodic oxidation, alkali treatment and acid-etching [17]. However, the related work on PEEK is relatively scarce due to its inherent chemical resistance and consequently, the proper porous surface structure has not yet been realized.

Sulfonation treatment produces a proton exchange membrane exhibiting excellent proton conductivity and this process has been primarily used in fuel cells [18–20]. By taking advantage of the etching action by concentrated sulfuric acid on PEEK during sulfonation, a porous network is produced on the PEEK samples. This technique has the advantages such as simple operation and non-light-of-sight characteristics, thus boding well for biomedical implants with a complex geometric shape. In this work, we also systematically evaluate the biofunctionalities of the sulfonated PEEK (SPEEK) with the three-dimensional (3D) porous and nano-structured network *in vitro* and *in vivo*. The mechanisms underlying the biocompatibility and bioactivity enhancement are proposed and discussed.

## 2. Materials and methods

### 2.1. Sample preparation

Medical grade PEEK (Ketron LSG, Quadrant EPP, USA) materials were used in this study. Disk samples with dimensions of  $\Phi 5 \times 2 \text{ mm}^2$  were prepared for surface characterization, immersion tests and *in vitro* studies on 96-well tissue culture plates while disk samples with dimensions of  $\Phi 14 \times 2 \text{ mm}^3$  were prepared for *in vitro* studies performed on 24-well tissue culture plates. The rod samples for *in vivo* animal studies were 2 mm in diameter and 6 mm long. All the samples were mechanically polished to a mirror finish and ultrasonically washed in acetone and ethanol. The fabrication process is schematically illustrated in Fig. 1. In order to obtain a uniform porous structure, supersonic stirring was utilized almost throughout the entire process. Sulfonation was conducted in supersonically stirred sulfuric acid (95–98 wt%, Aldrich Chemical Corp) at room temperature for 5 min. The samples were subsequently taken out and immersed in supersonically stirred distilled water. Afterwards, the samples were rinsed repeatedly with distilled water. Some of the SPEEK samples were dried (labeled as SPEEK-W) and the others were further rinsed with acetone followed by cleaning with distilled water and drying (labeled as SPEEK-WA).

### 2.2. Surface characterization

Field-emission scanning electron microscopy (FE-SEM, Leo 1530 FEG, Oxford) was employed to observe the surface topography of the prepared specimens. The

average pore size was determined using the CTAn program (Skyscan Company, Belgium). The surface hydrophilicity of the specimens was assessed by water contact angle measurements performed on a Ramé-Hart (USA) instrument at ambient humidity and temperature. Fourier transform infrared (FTIR) spectra were recorded on the Equinox/Hyperion2000 manufactured by Bruker equipped with the attenuated total reflection (ATR) accessory. X-ray photoelectron spectroscopy (XPS, Physical electronics PHI 5802) with monochromatic Al  $K_{\alpha}$  radiation source was employed to determine the chemical states. The binding energies were referenced to the C 1s line at 285.0 eV and a Gaussian–Lorentzian peak fitting model was adopted to deconvolute the S2p spectra.

### 2.3. *In vitro* studies

#### 2.3.1. Cell culture

Mouse MC3T3-E1 pre-osteoblasts provided by the Royal Children's Hospital Melbourne were cultivated in a complete cell culture medium comprising a mixture of Dulbecco's modified eagle medium (DMEM, Gibco) and 10% fetal bovine serum (FBS, Gibco) in a humidified atmosphere of 5%  $\text{CO}_2$  at 37 °C. Before cell culturing, all the samples were sterilized with 70% alcohol for 40 min and rinsed with sterile phosphate buffered saline (PBS) thrice. The medium for cell culture was refreshed every 3 days.

#### 2.3.2. Cell adhesion

In the cell adhesion assay, MC3T3-E1 pre-osteoblasts were seeded on each sample in 96-well tissue culture plates at a density of  $1 \times 10^4$  cells per well and cultured for 4 h. Afterwards, the seeded samples were rinsed twice with PBS and fixed with 2% polyoxymethylene. The nuclei were stained with Hoechst33342 (Sigma) and examined by fluorescence microscopy (Axio Observer, Carl Zeiss). The cytoskeleton protein F-actin was stained with phalloidin fluorescein isothiocyanate (Sigma) and observed by laser confocal scanning microscope (Leica SPE).

#### 2.3.3. Cell viability and cell proliferation

The MTT assay was employed to quantitatively determine the viable MC3T3-E1 pre-osteoblasts on the samples [21]. 150  $\mu\text{l}$  of the cell suspension were seeded on each sample on the 96-well tissue culture plates at a density of  $5 \times 10^3$  cells/well and cultured in DMEM with 10% FBS for 1, 3, 7, and 14 days. At every prescribed time point, the specimens were gently rinsed twice with PBS and transferred to a new 96-well plate. After adding the MTT solution prepared by adding thiazolyl blue tetrazolium bromide (Sigma) powder to PBS, the specimens were incubated at 37 °C to form formazan which was dissolved using dimethyl sulfoxide. The absorbance was determined at 570 nm using a spectrophotometry (Biotek, USA).

Cell proliferation on the samples was studied by using the BrdU incorporation ELISA kit (Roche, US). The MC3T3-E1 pre-osteoblasts were seeded on each sample on 96-well tissue culture plates and cultured for 1, 3, 7, and 14 days. At the prescribed time points, the cells were labeled with the BrdU solution for 4 h. Afterwards, the cells were fixed for 30 min at room temperature and incubated with the anti-BrdU-POD solution for 2 h. The substrate solution was applied after several rinsing with PBS. The reaction was stopped by 1 M  $\text{H}_2\text{SO}_4$  and the absorbance was recorded by the multimode detector on the Thermo Scientific MULTISKAN GO at a wavelength of 450 nm.

#### 2.3.4. Cell apoptosis

Flow cytometry was performed for simultaneous detection of necrosis and apoptosis of cells. The samples were placed on a 24-well tissue culture plate and  $5 \times 10^4$  cells/cm<sup>2</sup> MC3T3-E1 pre-osteoblasts were seeded on each sample and cultured for 1 and 3 days. At the respective time points, the cells were harvested and the cell density was adjusted to  $2.5 \times 10^5$  cells/ml using a binding buffer. Afterwards, the cells were re-suspended in 200  $\mu\text{l}$  of the buffer containing 5  $\mu\text{l}$  Annexin V-FITC and incubated at room temperature for 30 min. The resulting cells were re-

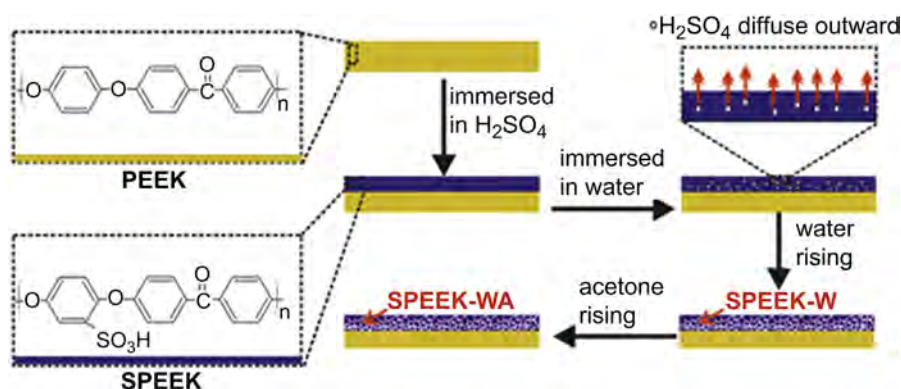


Fig. 1. Schematic diagram of the fabrication process on the 3D porous SPEEK-W and SPEEK-WA samples.

**Table 1**  
Primer pairs used in real-time PCR analysis.

Gene	Forward primer	Reverse primer
<i>Gapdh</i>	5'-ACCCAGAAGACTGTGGATGG-3'	5'-CACATTGGGGGTAGGAACAC-3'
<i>ALP</i>	5'-CCAGCAGGTTCTCTCTTGG-3'	5'-GGGATGGAGGAGAGAAGGTC-3'
<i>Col1a1</i>	5'-GAGCGGAGAGTACTGGATCG-3'	5'-GTTCCGGGTGATGTACCAGT-3'
<i>Runx2</i>	5'-CCCAGCCACCTTACCTACA-3'	5'-TATGGAGTGTCTGGTCTG-3'

suspended in 200  $\mu$ l of the buffer containing 10  $\mu$ l PI after washing several times and finally, the cells were filtered and analyzed by flow cytometry (BD FACSCanto II Analyzer).

#### 2.3.5. Osteogenic gene expression monitored by quantitative real-time RT-PCR

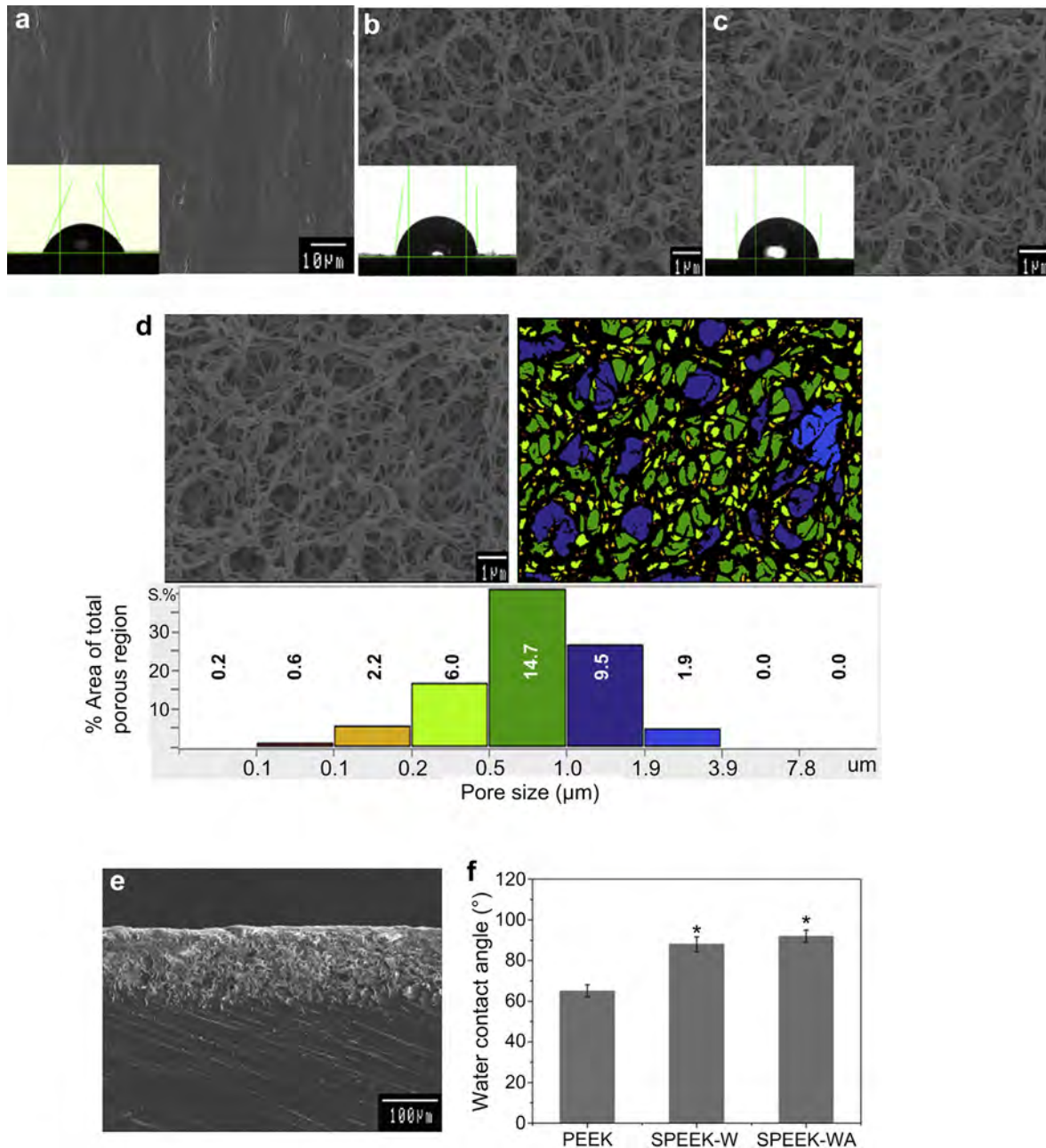
The expression of osteogenesis-related genes was analyzed using the real-time reverse-transcriptase polymerase chain reaction (Real-time RT-PCR), MC3T3-E1 pre-

osteoblasts with a density of  $2.5 \times 10^4$  cells/well were seeded and cultured for 3, 7 and 14 days. The total RNA was isolated with the TRIZOL reagent (Invitrogen, USA) and the complementary DNA (cDNA) was reverse-transcribed from 1  $\mu$ g of total RNA using Superscript III (Invitrogen, USA). The forward and reverse primers for the selected genes are listed in Table 1. The expressions of the osteogenesis-related genes, including alkaline phosphatase (ALP), runt-related transcription factor 2 (*Runx2*) and Type I collagen alpha 1 (*Col1a1*), were quantified using Real-time PCR (ABI prism 7900HT sequence detection system) with SYBR Green PCR Master Mix (Applied Biosystems, USA). The relative mRNA expression level of each gene was normalized with the house-keeping gene glyceraldehyde-3-phosphate dehydrogenase (GAPDH) and determined by the Ct values.

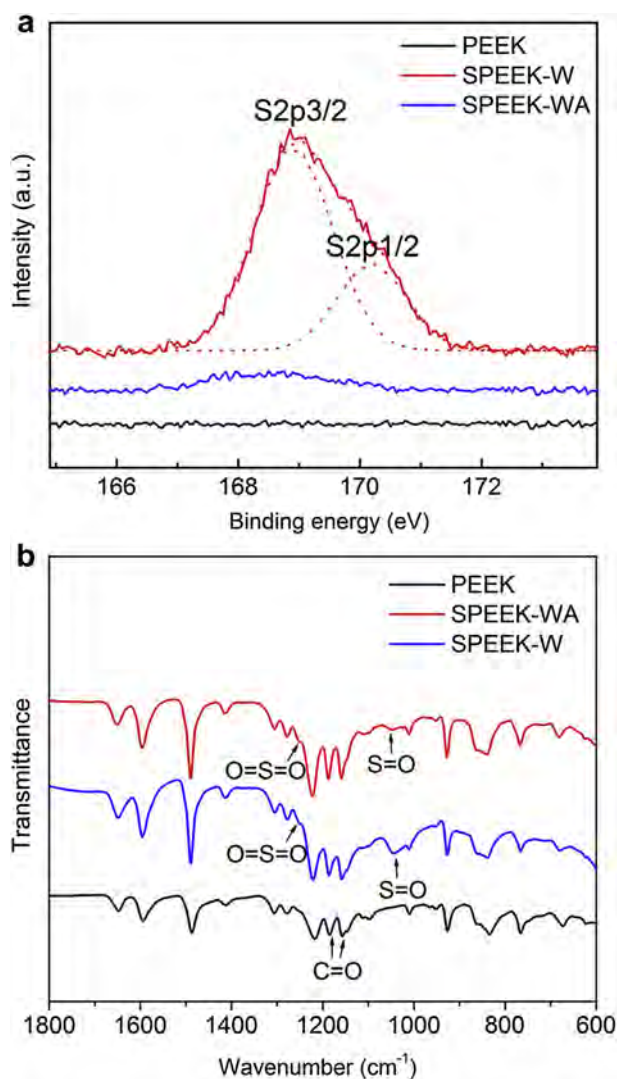
#### 2.4. In vivo animal studies

##### 2.4.1. Surgery

The animal experiments were approved by the Department of Health and the Committee on the Use of Live Animals in Teaching and Research (CULATR). Twenty



**Fig. 2.** FE-SEM photographs acquired from the surface of (a) PEEK control, (b) SPEEK-W, (c) SPEEK-WA with typical water droplet images inserted in the bottom left, (d) characterization of pores formed on the SPEEK-WA using CTAn software, (e) cross section of SPEEK, and (f) water contact angle of the samples measured by the static sessile drop method, \*represents  $p < 0.05$  compared to PEEK control.



**Fig. 3.** Surface characterization of the PEEK, SPEEK-W and SPEEK-WA samples: (a) XPS S2p spectra: The dotted lines represent the S2p3/2 and S2p1/2 spectra deconvoluted by S2p spectrum using Gaussian–Lorentzian peak fitting model; (b) FTIR spectra: The appearance of the signal at 1255  $\text{cm}^{-1}$  and 1050  $\text{cm}^{-1}$  represents O=S=O dissymmetric stretching and S=O symmetric stretching, respectively.

seven 8-week old female Sprague Dawley (SD) rats from the Laboratory Animal Unit of the University of Hong Kong were used in this study. Their average weight was approximately 200 g. All the rats were randomly assigned to three groups corresponding to SPEEK-WA, SPEEK-W, and PEEK control. Before the surgery, the rats were anaesthetized with ketamine (20 mg/kg), xylazine (2 mg/kg) and buprenorphine (0.05 mg/kg). A hole 2 mm in diameter was prepared at the left or right distal femur of the rats using dental drill until the hole reached 6 mm in depth and the sample was then implanted into the prepared hole. After operation, the rats received subcutaneous injection of oxytetracycline (30 mg/kg) and ketoprofen (3 mg/kg) for 3 consecutive days. All the rats were sacrificed 8 weeks post-operation.

#### 2.4.2. Micro-CT evaluation

After the operation, the rats underwent micro-computed tomography (Micro-CT) evaluation directly using a micro-computed tomography device (SKYSCAN 1076, Skyscan Company) and more micro-CT examinations were conducted every week up to week 8. After scanning, the two-dimensional (2D) and three-dimensional (3D) models were reconstructed using the NRecon (Skyscan Company) and CTVol (Skyscan Company, Belgium), and the bone volume around the implant was determined by the CTAn program (Skyscan Company, Belgium).

#### 2.4.3. Histological evaluation

The bone samples (3 per group) with the implants were harvested and fixed in 10% buffered formalin for 3 days, dehydrated in a series of solutions with different ethanol concentrations of 70%, 80%, 90%, 99%, and 100% v/v for 3 days each, and

transferred to a methylmethacrylate (Technovit 9100 New<sup>®</sup>, Heraeus Kulzer, Hanau, Germany) solution at 37 °C within 1 week. Afterwards, the embedded samples were cut into sections with a thickness of 50–70  $\mu\text{m}$ . The sectioned samples were stained with Giemsa (MERCK, Germany) stain. The length of the bone in contact with the implant was determined according to the histological image and the percentage of bone-implant contact was calculated. Optical microscopy and scanning electron microscopy were conducted to observe bone ingrowth and integration with the host tissue. EDS (energy-dispersive X-ray spectroscopy) and elemental mapping were performed to determine the interface composition after 8 weeks of implantation.

#### 2.4.4. Push-out test

To investigate the interface bonding between the bone and implant, push-out tests were performed on a biomechanical test apparatus (MTS 858.02 Mini Bionix system) (Supplementary Fig. S1). The bone samples with the implants were harvested 8 weeks post-operation and measured within 24 h after sacrificing the animals. The tests were performed at a loading rate of 1 mm/min. The load-deflection curves were recorded during the pushing period and the failure load was defined as the maximum load values. The push-out load was determined by averaging the results from six push-out tests.

#### 2.5. Formation of bone-like apatite

The PEEK, SPEEK-W, and SPEEK-WA samples were immersed in a simulated body fluid (SBF) [22] ( $\text{Na}^+$  142.0,  $\text{K}^+$  5.0,  $\text{Mg}^{2+}$  1.5,  $\text{Ca}^{2+}$  2.5,  $\text{Cl}^-$  147.8,  $\text{HCO}_3^-$  4.2,  $\text{HPO}_4^{2-}$  1.0, and  $\text{SO}_4^{2-}$  0.5 mM and pH (7.4) nearly equal to that of human blood plasma) at 37 °C for 28 days to examine the bioactivity. After immersion, the specimens were gently rinsed with distilled water and ethanol and after drying, the surface deposits were examined by XPS. After sputter-coated with gold, the microstructure of specimens were characterized by SEM and energy dispersive spectrometry (EDS).

#### 2.6. Statistical analysis

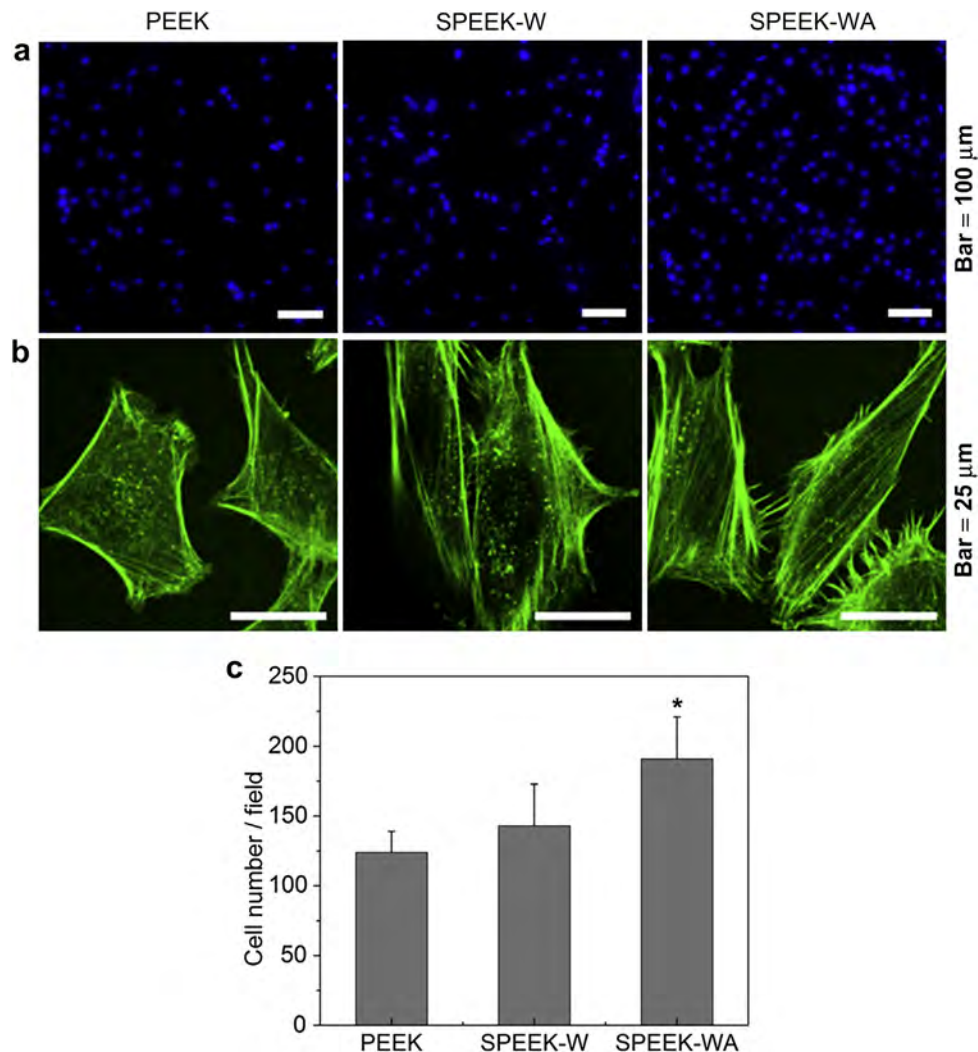
All the *in vitro* experiments were independently performed in triplicates and each data point represents three replicate measurements. The data were expressed as averages  $\pm$  standard deviations. The results of the *in vitro* and *in vivo* experiments were statistically analyzed by the one-way analysis of variance (ANOVA) and a *p* value less than 0.05 was considered to be statistically significant.

### 3. Results

Fig. 2 shows the SEM photographs acquired from SPEEK samples and untreated PEEK control. After surface treatment, the originally smooth morphology (Fig. 2a) is altered and a 3D porous network is observed from SPEEK-W (Fig. 2b) and SPEEK-WA (Fig. 2c). These two processed samples have a similar surface morphology. As shown in Fig. 2d, most of the pores are between 0.5  $\mu\text{m}$  and 1.0  $\mu\text{m}$  in size according to the analysis by the CTAn software, suggesting a nanostructured surface (Fig. 2d). The thickness of the modified layer is about 100  $\mu\text{m}$  (Fig. 2e). The hydrophilicity of the samples is evaluated by the static sessile drop method and the images of the water droplets on the samples are presented in the bottom left of the Fig. 2a–c. The measured water contact angles ( $\text{CA}_{\text{water}}$ ) are summarized as a histogram in Fig. 2f and both SPEEK-W ( $\text{CA}_{\text{water}} = 88^\circ$ ) and SPEEK-WA ( $\text{CA}_{\text{water}} = 92^\circ$ ) are significantly more hydrophobic than the PEEK control ( $\text{CA}_{\text{water}} = 65^\circ$ ).

The XPS spectra in Fig. 3a reveal surface chemical variations after sulfonation. The two peaks at 168.1 and 169.2 eV correspond to 2p3/2 and 2p1/2 of sulfur with a high oxidation state, that is,  $\text{SO}_3\text{H}$  group [23]. There are more sulfur-containing groups on SPEEK-W compared to SPEEK-WA.

Fig. 3b shows the FTIR spectra acquired from the PEEK control, SPEEK-W, and SPEEK-WA. In the three spectra, all the characteristic bands are present, including the diphenylketone bands at 1650, 1490 and 926  $\text{cm}^{-1}$ , C–O–C stretching vibration of the diaryl groups at 1188 and 1158  $\text{cm}^{-1}$ , as well as a peak at 1600  $\text{cm}^{-1}$  related to C=C in the benzene ring in PEEK [24]. The main structure of SPEEK and PEEK is similar. Closer examination reveals extra characteristic polymer bands from SPEEK such as O=S=O dissymmetric stretching at 1255  $\text{cm}^{-1}$  and S=O symmetric stretching at 1050  $\text{cm}^{-1}$  [25,26]. The data confirm that  $\text{SO}_3\text{H}$



**Fig. 4.** MC3T3-E1 pre-osteoblast adhesion measured on the various samples after incubation for 4 h (a) nuclei in blue stained with Hoechst33342 and observed under a fluorescence microscope, (b) cytoskeleton in green stained with phalloidin fluorescein isothiocyanate and observed under a confocal scanning microscope, (c) pre-osteoblasts measured by counting cell nuclei under a fluorescence microscope. Statistical significance is indicated by  $*P < 0.05$  compared to PEEK control. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

functional groups are introduced to the PEEK surface by sulfonation.

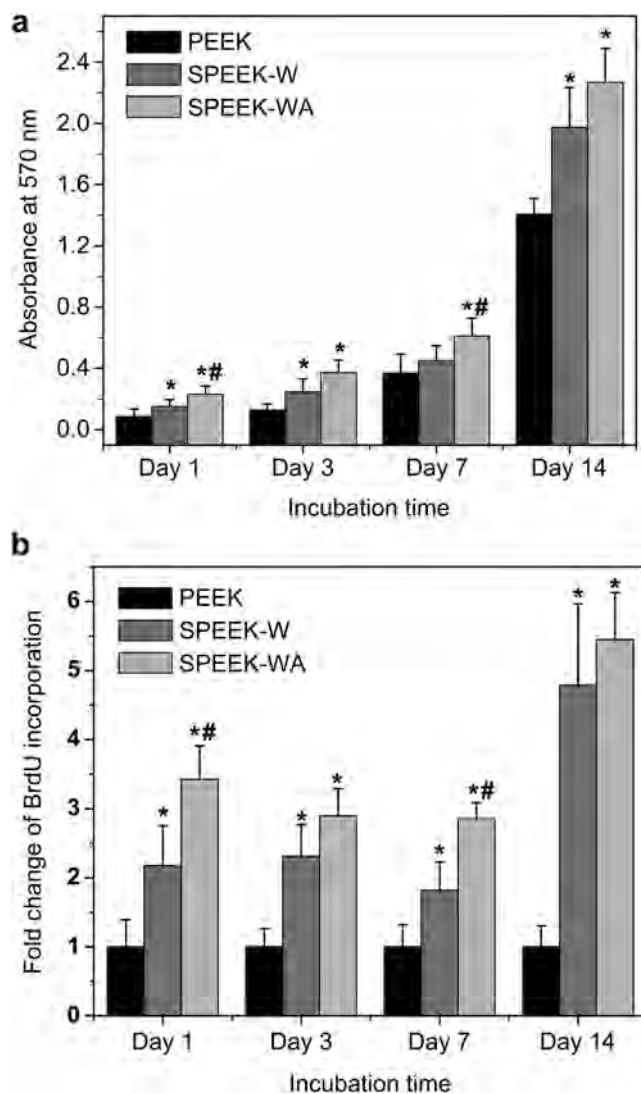
The viable pre-osteoblasts adhered on the samples after incubation for 4 h are shown in Fig. 4. The cell morphology on SPEEK-WA and SPEEK-W is comparable to that on the PEEK control, but the adherent cell numbers on all the SPEEK samples are enhanced compared to the PEEK control. Among the SPEEK samples, SPEEK-WA shows higher initial cell adhesion than SPEEK-W.

Cell viability measured by the MTT assay is shown in Fig. 5a. Significantly increased cell viability can be observed on SPEEK-WA at every time point compared to SPEEK-W and PEEK control. In addition, the viable cell number on SPEEK-W is higher than that on the PEEK control, particularly at days 2, 4 and 14, revealing the improved cytocompatibility after treatment. Fig. 5b exhibits the fold change of BrdU incorporation after culturing for 1, 3, 7, and 14 days. Significantly enhanced BrdU incorporation is found from the SPEEK-W and SPEEK-WA samples throughout the culturing period compared to the PEEK control, suggesting that the proliferation rate of the cells on the treated samples is higher than that on the untreated PEEK control. Moreover, significantly higher BrdU incorporation is observed from the SPEEK-WA at day 1 and day 7

compared to SPEEK-W revealing that SPEEK-WA offers a more favorable cell environment for cell proliferation.

Fig. 6 shows the percentage of apoptotic cells and necrotic cells on the treated and untreated PEEK samples at the respective time points. No significant difference in the percentage of apoptotic cells can be observed from both the treated and untreated PEEK samples at day 1. However, a significantly higher percentage of apoptotic cells is found on the untreated sample at day 3 compared to the SPEEK samples, indicating that the SPEEK samples provide a more favorable environment for cells growth. Moreover, a significantly smaller percentage of necrotic cells is found from the SPEEK-WA sample at day 1, and no significant difference can be found between SPEEK-W and untreated PEEK thus revealing no harmful effect from the surface treatment.

The osteogenic differentiation properties are further assessed by quantitative real-time RT-PCR of ALP, *Runx2*, and *Col1a1* mRNA expression (Fig. 7). In general, the pre-osteoblasts cultured on SPEEK-WA exhibit the highest gene expressions followed by SPEEK-W. The PEEK control shows the least at every time point. Significant higher ( $p < 0.05$ ) *Runx2*, ALP, and *Col1a1* expressions are found on SPEEK-W and SPEEK-WA at day 3 than the PEEK control. The ALP



**Fig. 5.** Cell viability and cell proliferation of MC3T3-E1 pre-osteoblasts cultured on the SPEEK-WA, SPEEK-W and PEEK control for 1, 3, 7 and 14 days: (a) Cell viability measured by the MTT assay; (b) Cell proliferation evaluated by the fold change of the incorporation of BrdU on samples. The data are normalized to the initially adherent cell number or BrdU incorporation. Statistical significance is indicated by \* $P < 0.05$  compared with PEEK control and # $P < 0.05$  compared to SPEEK-W.

and *Col1a1* expressions on SPEEK-WA are dramatically higher than those on SPEEK-W and PEEK control at days 7 and 14. In addition, significant higher *Col1a1* expression is found on SPEEK-W at day 14 compared to the PEEK control.

New bone formation and implant change after operation are evaluated at prescribed time points by micro-CT. Fig. 8a shows the cross sections of the femur containing the implant 0, 1, 4, and 8 weeks after surgery. The corresponding percentage changes in the bone volume are shown in Fig. 8b. One week after surgery, more than 10% decrease in the bone volume is found on SPEEK-W, whereas there is an approximately 20% increase in the bone volume on SPEEK-WA. Two weeks after surgery, the bone volume on SPEEK-W increases to 102% and remains stable till week 8 and new bone formation on SPEEK-WA continuously increases to 153% after 8 weeks. In comparison to the PEEK control, there is approximately 20% increase in the bone volume on SPEEK-WA implant at week 8. During the whole implantation period, there is no apparent volume change in all the implants.

Fig. 9a–d shows the tissue response to the PEEK and SPEEK implants after 8 weeks using Giemsa staining. All the implants show direct contact with the newly formed bones. In particular, bone ingrowth can be observed from SPEEK-WA (Fig. 9d). It implies that the newly formed bone tissues penetrate into the porous surface layer and bond to the porous network of SPEEK. Hence, it is expected to lead to stronger adhesion to better sustain the implant. Osteoblasts, which are responsible for new bone formation, are also observed around the implants. More bones are found around the SPEEK-WA implants than PEEK control and SPEEK-W. Fig. 9e shows the percentage of bone-implant contact on the PEEK and SPEEK implants after week 8. There is more bone-implant contact on the SPEEK-WA implant in comparison with SPEEK-W and PEEK control. The results are consistent with the changes in the bone volume shown in Fig. 8b. SEM and EDS show that new bones bond to the SPEEK surface directly and extend to the porous structure and they contain calcium and phosphorus at a Ca/P ratio of about 1.66 (Fig. 10). There is experimental evidence that the porous structure on SPEEK favors osteoblast adhesion and bone ingrowth *in vivo*.

The results acquired from the push-out tests are shown in Fig. 11. The bonding strength between bone tissues and the various implants is different. The average maximum push-out loads obtained from PEEK, SPEEK-W and SPEEK-WA are 10.5, 47.1 and 54.9 N, respectively. It is obvious that materials with porous surfaces have higher bonding strength than smooth ones, suggesting a high level of mechanical interlocking between the implant and bones. Fig. 11b–d show the representative load-deflection curves of the PEEK, SPEEK-W and SPEEK-WA samples. A typical plateau appears from the SPEEK-WA curve as shown in Fig. 11d and it is related to the collapse of cells in the initial stage of loading [27]. As the load is continuously increased, a sharp peak occurs from the PEEK curve suggesting abrupt rupture between the bone and implant. In contrast, the SPEEK-WA and SPEEK-W curves show a zigzag pattern around the maximum load indicative of gradual rupture. In addition, different load progression can be observed from the load-deflection curve of SPEEK-WA and SPEEK-W. For example, when the effective deflection is extended to 0.3 mm, the push-out load of the interface between porous SPEEK-WA and bone increases to 13 N whereas it is 46 N for the porous SPEEK-W and bone.

Fig. 12 exhibits the surface morphology of the specimens after immersion in SBF for 28 days. A few scattered spherical particles can be observed from the untreated PEEK control. In contrast, the number of particles on SPEEK-W and SPEEK-WA is dramatically increased. The EDS spectra acquired from the immersed specimens reveal that the formed particle contain calcium and phosphorus and their ratio is about 1.50–1.66, which is approximately the same as that of the bone mineral. The XPS Ca2p and P2p spectra of the deposited spherical particles on SPEEK-WA immersed in SBF for 28 days are presented in Fig. 12e and f. The Ca2p spectrum exhibits a doublet at 347.3 and 350.7 eV and the P2p spectrum shows a single peak at 133.0 eV, which are consistent with the published data for hydroxyapatite [28]. EDS, XPS, and SEM indicate that spherical particles formed on the sample surface after immersion in SBF for 28 days are composed of bone-like apatite and that sulfonation can significantly enhance the bioactivity.

#### 4. Discussion

It is widely accepted that the initial interactions between the cells and implant surface are crucial to clinical success and improvement can lead to faster bone formation [29,30]. In this study, the incubation period of the seeded samples for pre-osteoblast adhesion is 4 h whereas the incubation times for pre-osteoblast proliferation are 2, 4, and 7 days. Both pre-osteoblast adhesion and proliferation are significantly enhanced on the

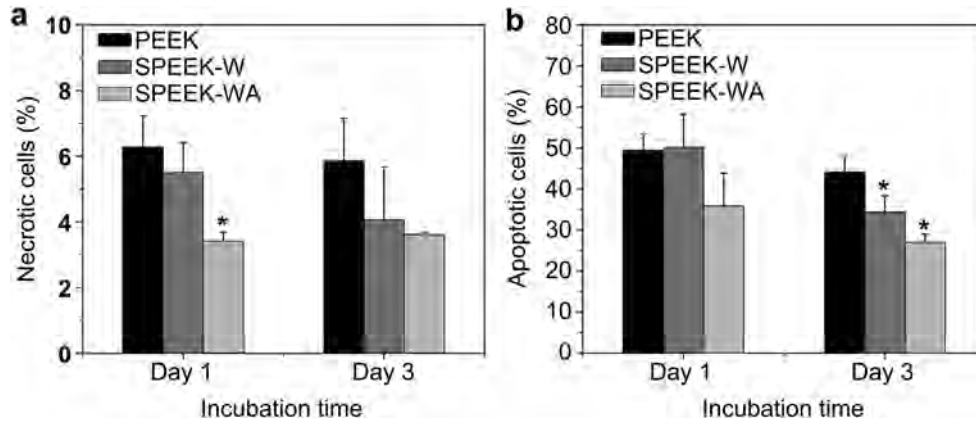


Fig. 6. Percentage of apoptosis cells and necrotic cells after culturing for 1 and 3 days with the statistical significance indicated by \* $P < 0.05$  compared to PEEK control.

nanostructured 3D porous SPEEK-WA compared to the PEEK control and no cytotoxic effects can be found from the MC3T3-E1 cells. Initial cell adhesion is usually responsible for the ensuing cell functions and eventual tissue integration, and cell proliferation is closely correlated with the amount of new bone formation. Hence, better pre-osteoblast adhesion and proliferation probably produce

a larger mass of bone tissues around the implants and more robust bone-implant bonding is also expected *in vivo* [31,32].

The real-time RT-PCR results show that expressions of nearly all the genes, namely ALP, *Runx2* and *Col1a1*, are upregulated after sulfonation, particularly on SPEEK-WA. ALP is considered to be an early marker for osteogenic differentiation [33]. A higher ALP

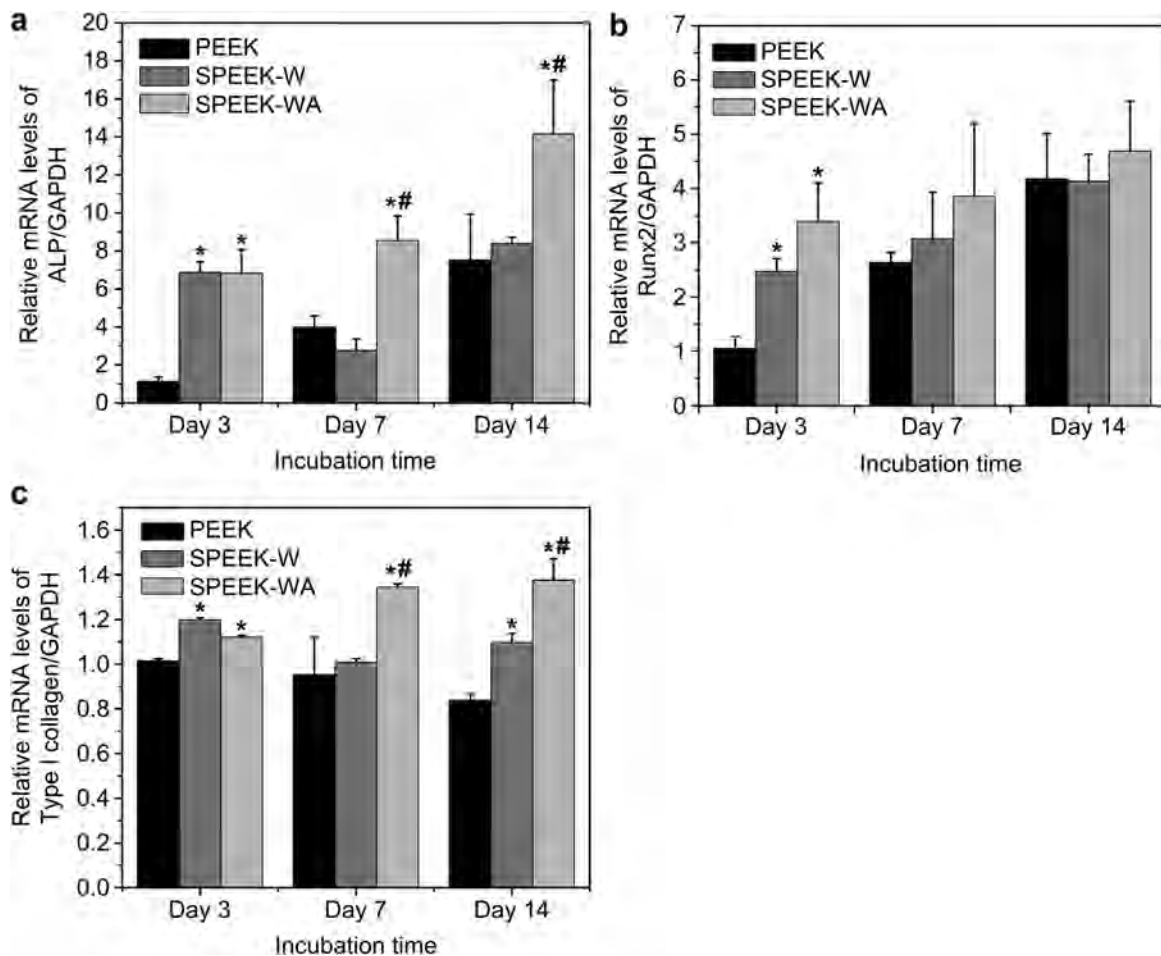
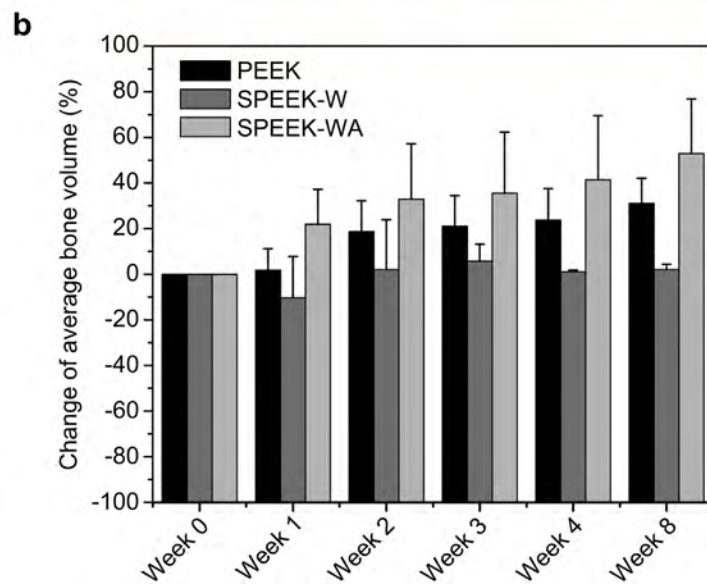
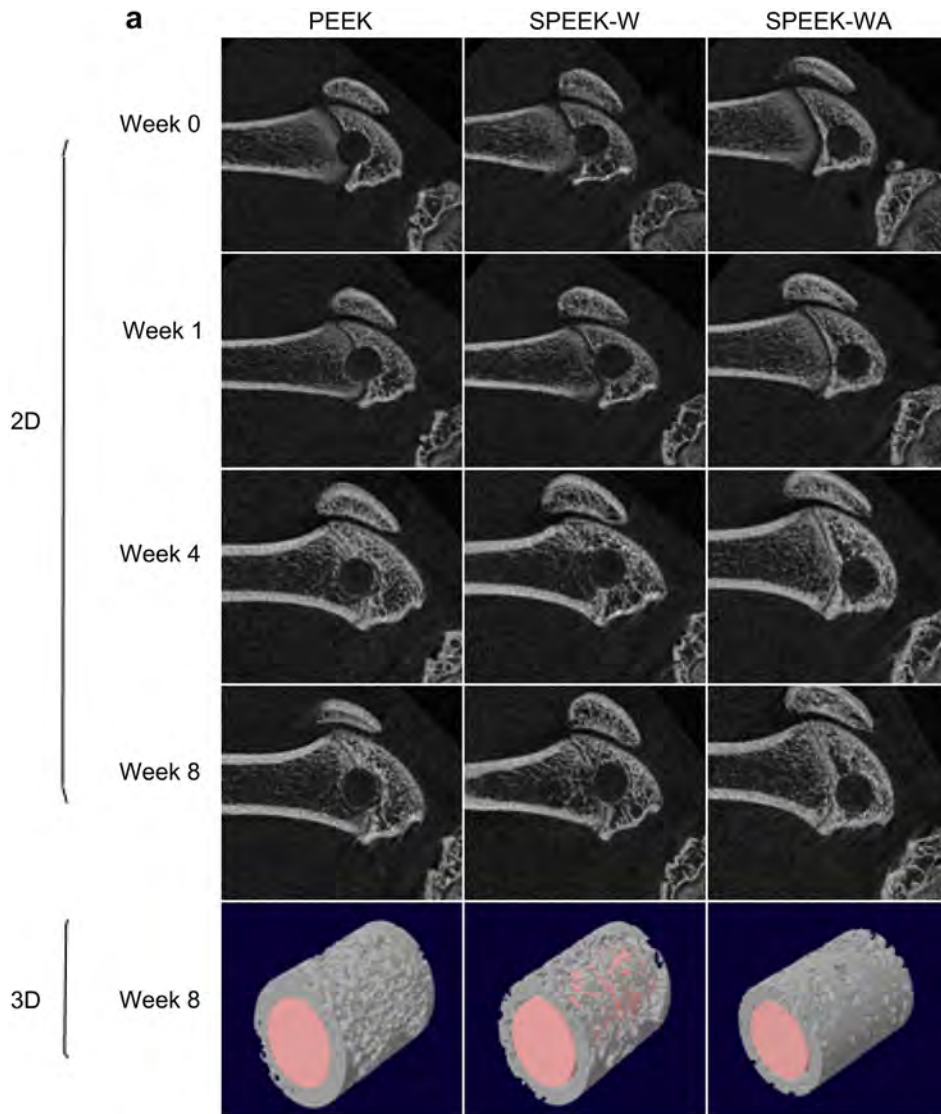
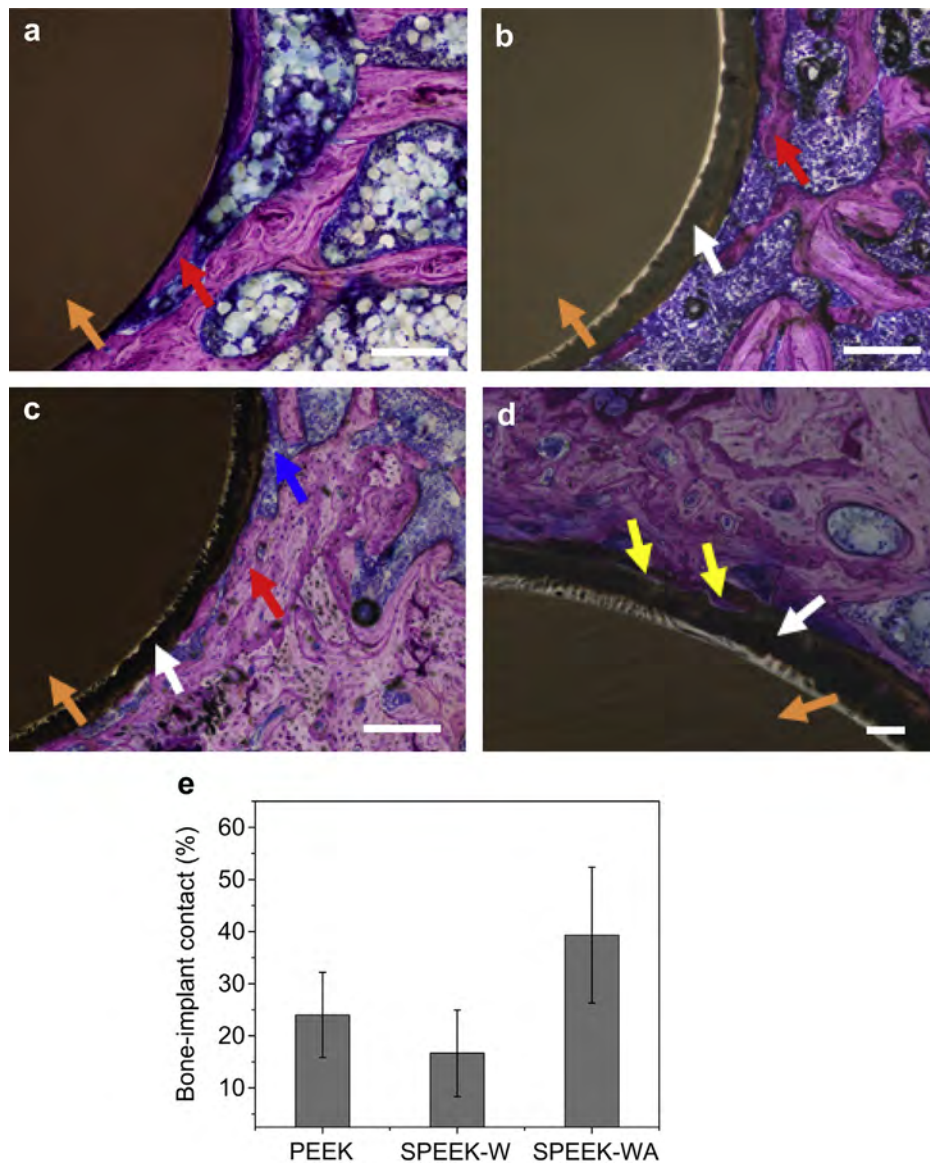


Fig. 7. Osteogenic differentiation by measuring the mRNA expression level of alkaline phosphatase (ALP), runt-related transcription factor 2 (Runx2) and type 1 collagen (Col1a1) after days 3, 7 and 14. The mRNA level is normalized to the house-keeping gene GAPDH. Statistical significance is indicated by \* $P < 0.05$  compared with PEEK control and # $P < 0.05$  compared with SPEEK-W.



**Fig. 8.** Characterization of implants and the surrounding bones by Micro-CT: (a) Micro-CT 2D and 3D reconstruction models showing the status of the implants (pink in color) and bone (white in color) response 0, 1, 4, and 8 weeks after surgery; (b) Change of average bone volume around the implants 0, 1, 2, 3, 4, and 8 weeks after surgery. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)



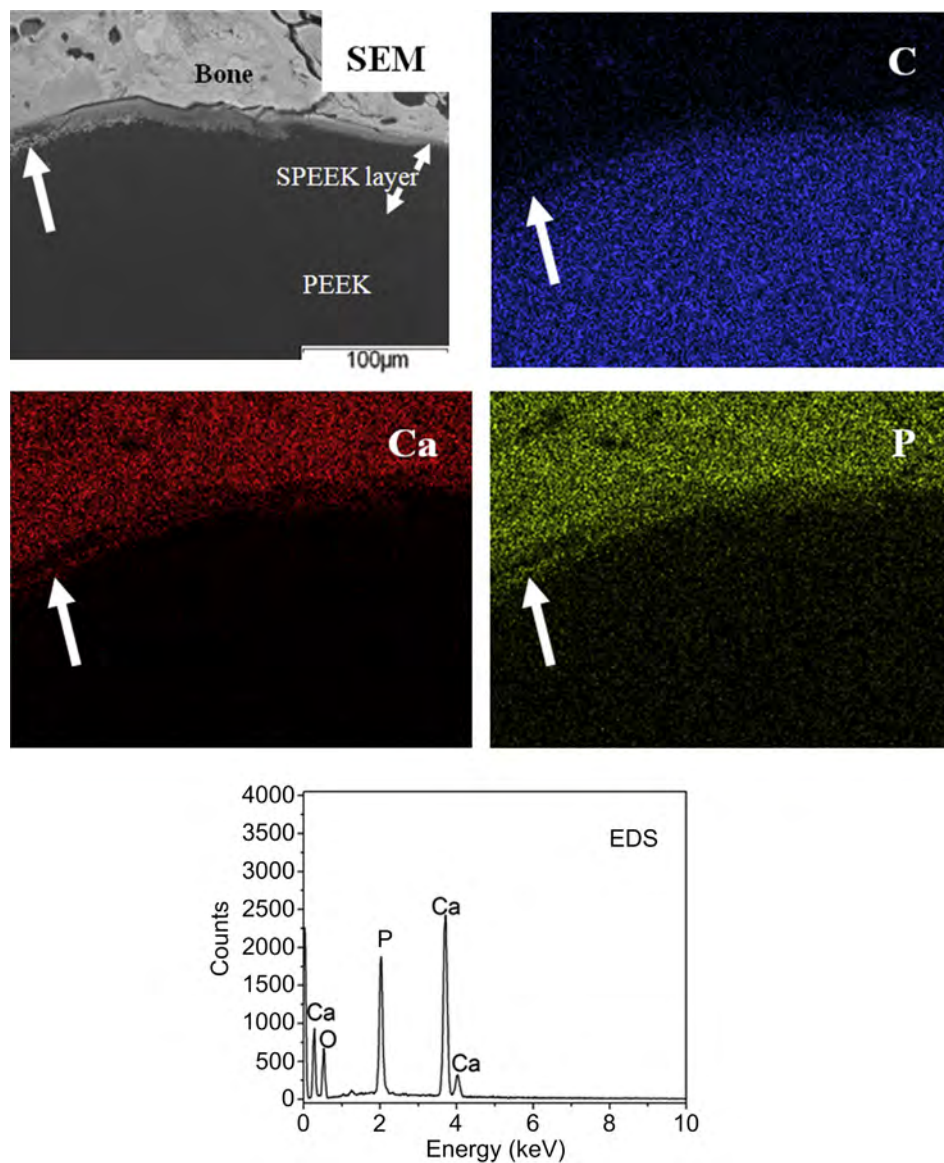


**Fig. 9.** Hard tissue sections of Giemsa stained around the implant after implantation for 8 weeks with the red arrows representing the newly formed bone, yellow arrows representing bone ingrowth, blue arrows representing osteoblasts, white arrows representing the SPEEK layer and orange arrows representing the PEEK substrate: (a) PEEK, (b) SPEEK-W, (c) SPEEK-A (low magnification) and (d) SPEEK-WA (high magnification). Scale bar is 200  $\mu$ m. (e) Percentage of bone-implant contact on the PEEK, SPEEK-W and SPEEK-WA implant. (For interpretation of the references to color in this figure legend, the reader is referred to the web version of this article.)

expression of cells cultured on SPEEK indicates that it favors bone formation. Runx2 is the key transcription factor for osteoblastic differentiation [34,35] and no significant difference is found from the Runx2 expression between SPEEK and control at days 7 and 14. However, a significantly higher expression can be detected at day 3, indicating that the porous SPEEK enhances osteoblastic differentiation in the early time points during cell culturing. *Col1a1* is the major components of extra cellular matrix deposition. The early and higher expression of *Col1a1* suggests that sulfonation can induce osteoblastic differentiation. Thus, with regard to osteogenic differentiation, the real-time RT-PCR also imparts the importance of SPEEK, especially SPEEK-WA.

The surface morphology plays an important role in the cytocompatibility of biomaterials, although the relationship between the morphology and biomedical behavior is still unclear [36–39]. In this study, a 3D porous and nanostructured network is produced by sulfonation and subsequent water immersion (see Fig. 1). It has

been reported that sulfonation of PEEK occurs when the polymer is immersed in concentrated sulfuric acid at ambient temperature (Scheme 1) [40]. When the sample is taken out from the sulfuric acid, the formed SPEEK still swells and a small amount of sulfuric acid remains on the surface. After immersion in distilled water, SPEEK begins to morph from the swollen state to a solidified one. During the process, the excess sulfuric acid penetrates SPEEK and diffuses outward and so many pores are formed in the SPEEK layer during solidification. Furthermore, chemical introduction of  $\text{SO}_3\text{H}$  groups tailors chain conformation and packing of PEEK, destroys the original compact structure, and also promotes the formation of pores. It should be noted that the porous structure of SPEEK shows characteristics of a stretched 3D network, which may be related to hydrophilicity of  $\text{SO}_3\text{H}$  groups [41]. During water immersion, the hydrophilic  $\text{SO}_3\text{H}$  groups cause the polymer chain to continue swelling and consequently, a stretched 3D network is finally formed after the sulfuric acid is removed from SPEEK. Since acetone



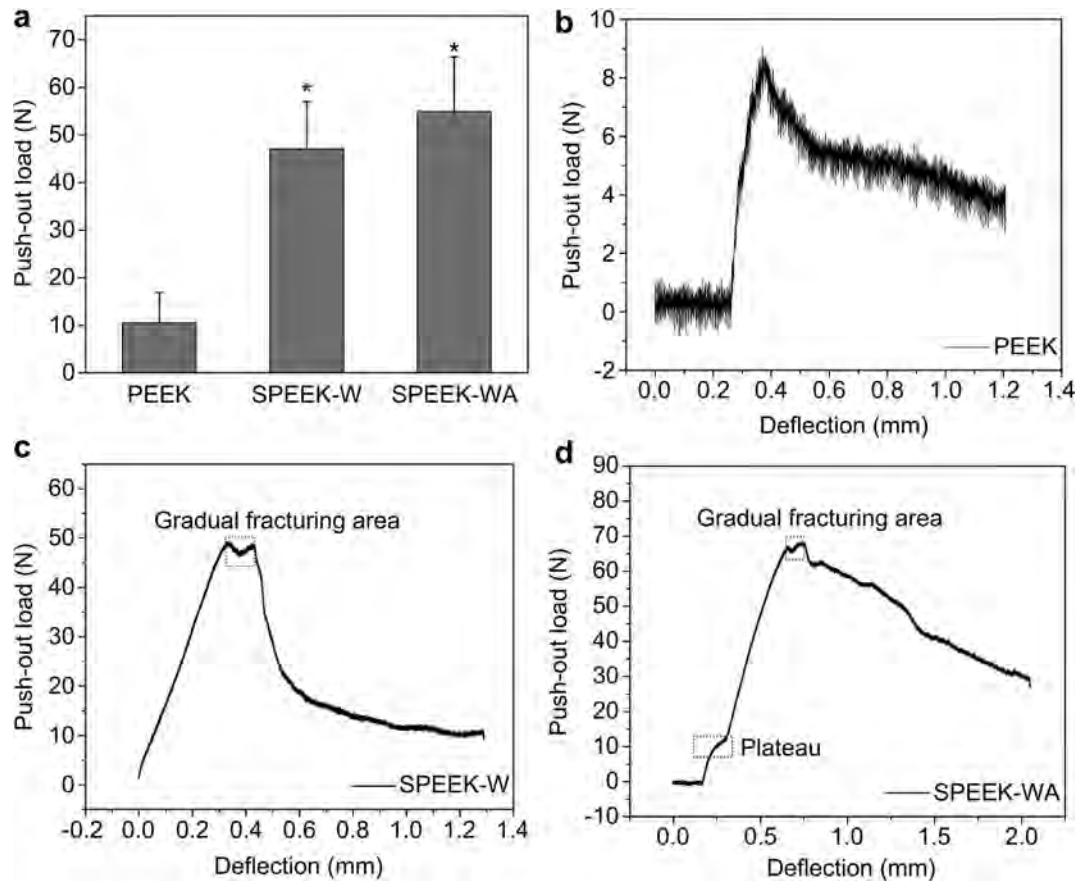
**Fig. 10.** Backscattered SEM image and SEM-EDS maps (C, carbon; Ca, calcium; P, phosphorus) of the implant 8 weeks after implantation and EDS analysis of newly formed bone. New bone is formed on the SPEEK surface and bonds directly. Bone ingrowth (white arrows) can be observed from the SPEEK-WA interface.

does not dissolve SPEEK [42], rinsing by acetone only removes the residual sulfuric acid in the porous network but does not alter the chemical composition and surface morphology. Hence, SPEEK-WA and SPEEK-W are very similar except the local *pH* environment. In addition, the water contact angle is significantly increased after sulfonation even though hydrophilic  $\text{SO}_3\text{H}$  groups are introduced to the surface. It implies that the surface morphology with the 3D porous and nanostructured network plays a key role in decreasing the surface hydrophilicity. Our data confirm the variation in the surface chemistry before and after sulfonation. The  $\text{SO}_3\text{H}$  groups as the dominant groups together with porous structure exert positive effects on pre-osteoblast functions according to the *in vitro* results, indicating good biocompatibility and safety. It is consistent with Sundar's [43] observation from SPEEK beads.

However, SPEEK-W and SPEEK-WA exhibit different cytocompatibility. Compared to SPEEK-W, SPEEK-WA offers a more favorable cell environment for cell adhesion and proliferation. It is likely caused by the local *pH* variation. As shown in the XPS and FTIR spectra (Fig. 3), there are more sulfur-containing groups on

SPEEK-W than SPEEK-WA. The extra sulfur-containing groups on SPEEK-W stem from the residual sulfuric acid. Since cell adhesion and proliferation tend to be suppressed at a low *pH* environment [44], SPEEK-W shows lower cytocompatibility than SPEEK-WA. It should be noted that the cytocompatibility of SPEEK-W is still superior to that of the PEEK control despite the residual sulfuric acid. Here, acetone is a key reagent to reduce the amount of residual sulfuric acid from the porous network without changing the morphology and chemical composition of SPEEK. In addition, the percentage of apoptotic cells and necrotic cells on SPEEK-WA does not increase compared to SPEEK-W and PEEK control. It indicates that there are no obvious negative effects on the cells due to acetone rinsing.

Since the *in vitro* and *in vivo* performance of biomaterials is often different, it is necessary to conduct experiments *in vivo*. In this work, the osteoconductivity is evaluated using the rat model. One week after surgery, more than 10% decrease in the bone volume is found on SPEEK-W. The decrease in bone volume may be ascribed to the residual sulfuric acid in the porous SPEEK-W and it correlates

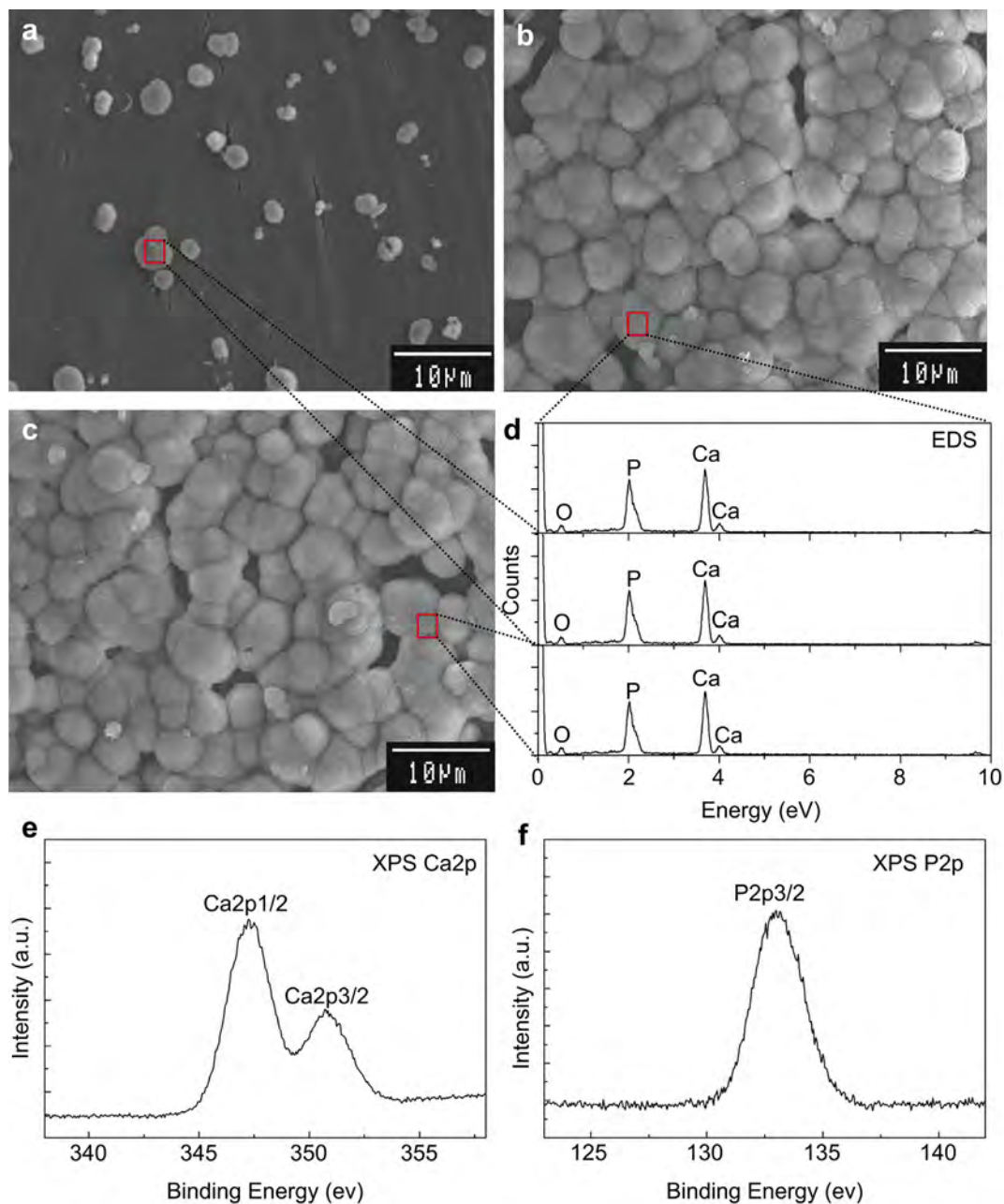


**Fig. 11.** Biomechanical properties measured after implantation in femur of the rats for 8 weeks: (a) Average maximum push-out load of the implants. The data are shown as mean  $\pm$  standard deviation ( $n = 6$ ) and statistical significance is indicated by \* $P < 0.05$  compared to the PEEK control; Load-deflection curves of (b) PEEK, (c) SPEEK-W, and (d) SPEEK-WA implants.

with the *in vitro* cytocompatibility results in this study. When SPEEK-W is in contact with bone marrow after implantation, the residual sulfuric acid is released. The low pH environment unavoidably inhibits the growth of osteoblasts and gives rise to slower bone formation. After 2 weeks, the bone volume on SPEEK-W increases slightly, possibly due to the reduced residual sulfuric acid on the implant through diffusion and absorption. However, the bone volume is not increased continuously during the following time and is lower than that on the PEEK control throughout the whole implantation period. The reason is not clear and more studies are required. However, it is obvious that a low pH has a strong influence on the *in vivo* bone formation on SPEEK-W. Different from SPEEK-W, the rate of new bone formation on SPEEK-WA increases continuously. The results correlate with the enhanced osteoblastic differentiation which produces a stimulatory effect on the growth of new bone tissues [45]. The result is closely correlated with osteoblast proliferation as well. Our results provide unequivocal proof that the formation of SPEEK-WA benefits the enhancement of *in vitro* and *in vivo* biocompatibility. In addition, degradation of SPEEK cannot be observed during the whole implantation period and the stability of SPEEK is crucial to clinical applications. Histological analyses reveal that the percentage of bone-implant contact on the SPEEK-WA implant is higher than those on SPEEK-W and PEEK control and the results are consistent with those obtained by the micro-CT analysis. The data indicate that for a large bone volume, the bone-implant contact increases. Additionally, obvious bone ingrowth is found from the SPEEK-WA implant thus providing valid information that the porous implant

surface is anchored well with bones. Moreover, no inflammation or necrosis is observed on both SPEEK and PEEK, suggesting that the implants do not produce observable toxic effects in the surrounding tissues although a longer time point is necessary prior to clinical acceptance and fathom the healing process.

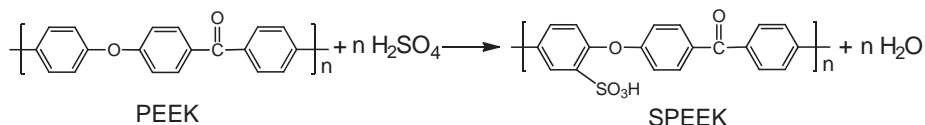
The push-out tests provide evidence that the 3D porous surface structure enables high level of mechanical interlocking between the implant and bone. Histological results indicate that the newly formed bone tissues penetrate into the porous surface layer and bond to the porous network of SPEEK, thus producing strong enough holding force to sustain the implant. Consequently, gradual fracturing takes place at the main peak during the test of porous SPEEK, whereas fractures of PEEK with smooth interfaces occur abruptly. In addition, different load progression can be observed from the load-deflection curve of SPEEK-WA and SPEEK-W in spite of similar porous structure. The results suggest that the progress of the push-out force of SPEEK-WA is hindered due to stronger bonding at the implant–bone interface compared to SPEEK-W. It is consistent with the histological analysis. The load-deflection curve of SPEEK-WA shows a typical plateau related to the collapse of cells in the initial stage of loading, implying that there are more osteoblasts around the implant *in vivo*. They are believed to be the reasons why SPEEK-WA is better for fast bone ingrowth and osseointegration than SPEEK-W. The good osseointegration subsequently improves the bonding strength [27]. In this study, the porous SPEEK-WA implant has the largest bonding strength indicating it possess the superior ability to bond with host bones thereby boding well application to orthopedic implants.



**Fig. 12.** SEM photographs acquired from (a) PEEK, (b) SPEEK-W, (c) SPEEK-WA sample soaked in SBF for 28 days. (d) EDS spectra. (e,f) XPS Ca2p and P2p spectra of SPEEK-WA sample soaked in SBF for 28 days.

In addition to the biocompatibility enhancement, sulfonation can induce apatite formation. The mechanism can be explained in terms of the electrostatic interaction of the functional groups with the ions in the SBF. In a completely dry environment, it is assumed that the net charge of the  $\text{SO}_3\text{H}$  groups is zero [46]. In an aqueous medium, the neutral  $\text{SO}_3\text{H}$  group will dissociate into  $\text{SO}_3^-$  and  $\text{H}^+$  via proton transfer (Fig. S2, Step 1) and hence, the SPEEK surface after

immersion in SBF is negatively charged. Previous studies show that the SBF can induce heterogeneous nucleation and growth of apatite while in contact with foreign surfaces. Considering the ionic nature, the electrostatic interaction triggers initial nucleation. Consequently, positively-charged calcium ions ( $\text{Ca}^{2+}$ ) in the SBF are first incorporated to the surfaces (Fig. S2, Step 2). As the  $\text{Ca}^{2+}$  ions accumulate, the surface gradually gains an overall positive charge



**Scheme 1.** Sulfonation of PEEK.

and selectively attracts negatively-charged phosphate ions ( $\text{HPO}_4^{2-}$ ), leading to the formation of a hydrated precursor cluster consisting of calcium hydrogen phosphate [47] (Fig. S2, Step 3 and 4). Since this phase is metastable, it grows spontaneously and transform into stable bone-like apatite crystals by consuming  $\text{Ca}^{2+}$ ,  $\text{HPO}_4^{2-}$  and  $\text{OH}^-$  ions from SBF (Fig. S2, Step 5). Our data disclose that the bioactivity on SPEEK-WA and SPEEK-W is better than that on the PEEK control. The bioactive  $\text{SO}_3\text{H}$  groups are believed to be the main reason of apatite-forming ability enhancement.

## 5. Conclusion

Sulfonation and subsequent water immersion are utilized to produce a three-dimensional porous and nanostructured network on PEEK. After further treatment with acetone, the surface-modified PEEK sample (SPEEK-WA) exhibits remarkably improved bioactivity, cytocompatibility, osseointegration, and bone-implant bonding strength both *in vitro* and *in vivo* due to the effects of the porous structure and  $\text{SO}_3\text{H}$  functional groups. The surface treatment process described here is simple, inexpensive, and industrially scalable and the modified PEEK materials with the stable 3D surface structure are suitable for orthopedic implants.

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## Appendix A. Supplementary data

Supplementary data related to this article can be found at <http://dx.doi.org/10.1016/j.biomaterials.2013.08.071>.

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# Supporting Information

## **Cytocompatibility, osseointegration, and bioactivity of three-dimensional porous and nanostructured network on polyetheretherketone (PEEK)**

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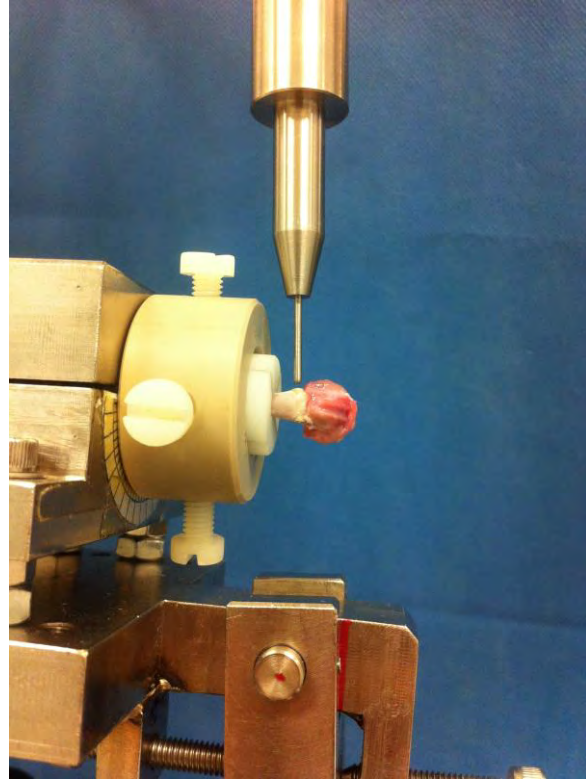


Figure S1. Biomechanical test apparatus for push-out tests.



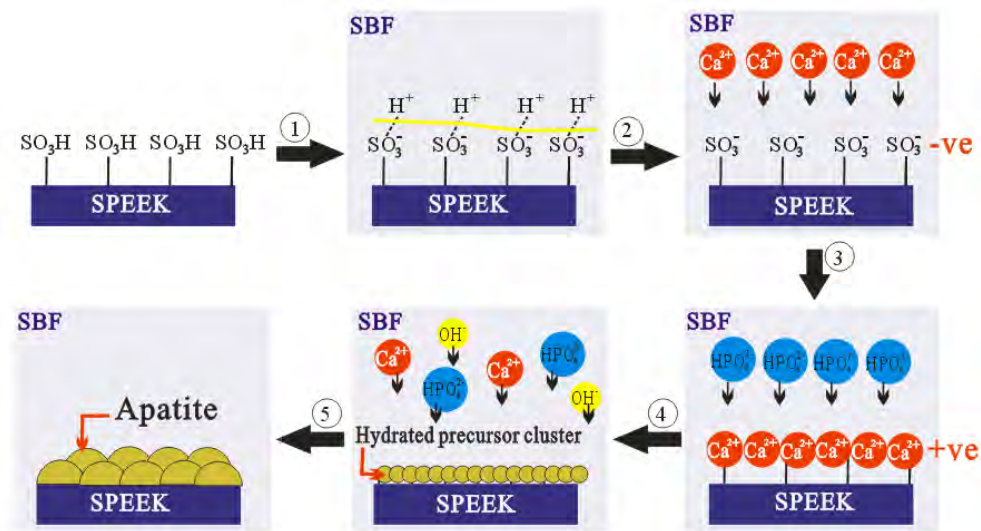


Figure S2. Schematic diagram of the apatite formation on the surface of the 3D porous SPEEK samples.